

Itasca Medical Care

We are your local County health care

Provider & Pharmacy Directory

Effective 2019

Serving Itasca County:

Families and Children

MinnesotaCare

Minnesota Senior Care Plus (MSC+)



Itasca Medical Care (IMCare)
1219 SE 2nd Avenue
Grand Rapids, MN 55744

Member Services:

218-327-6188

1-800-843-9536 (toll free)

TTY users call:

1-800-627-3529 (toll free) or **711**

Monday—Friday 8 a.m.- 8 p.m.

Website: www.imcare.org

The information printed in this directory was correct as of August 2019. To see the most current information, visit the website at www.imcare.org. If you are looking for or have questions about a specific provider contact member services at the number above. The directory is updated at least monthly. You can ask for a printed copy of this Provider Directory at any time.

1-800-843-9536(toll free); TTY 1-800-627-3529 or 711

Attention. If you need free help interpreting this document, call the above number.

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ي الرقم أعلاه لة، اتصقه الوثيه تمر جتنية لاجمة عداسه تدرا ألاحظة: إم.

သတိ။ ဤစာရွက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သူဉ်ဟ်သးဘဉ်တက့ၢ်. ဖဲနမ့ၢ်လိဉ်ဘဉ်တၢ်မၤစၢၤကလိလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီလံာ်မိတခါအံၤန့ၣ်, ကိးဘဉ်လိတဲစိနီၢ်ဂံၢ်လၢထးအံၤန့ၣ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ, ຖ້າທາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພຣີ, ຈົ່ງໂທໄປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

Civil Rights Notice

Discrimination is against the law. Itasca Medical Care (IMCare) does not discriminate on the basis of any of the following:

- race
- color
- national origin
- creed
- religion
- sexual orientation
- public assistance status
- age
- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)
- marital status
- political beliefs
- medical condition
- health status
- receipt of health care services
- claims experience
- medical history
- genetic information

Auxiliary Aids and Services: Itasca Medical Care (IMCare) provides auxiliary aids and services, like qualified interpreters or information in accessible formats, free of charge and in a timely manner to ensure an equal opportunity to participate in our health care programs. **Contact** Itasca Medical Care at 1-800-843-9536 (toll-free) or 1-218-327-6188 for more information.

Language Assistance Services: Itasca Medical Care (IMCare) provides translated documents and spoken language interpreting, free of charge and in a timely manner, when language assistance services are necessary to ensure limited English speakers have meaningful access to our information and services. **Contact** Itasca Medical Care at 1-800-843-9536 (toll-free) or 1-218-327-6188 for more information.

Civil Rights Complaints

You have the right to file a discrimination complaint if you believe you were treated in a discriminatory way by Itasca Medical Care (IMCare). You may contact any of the following four agencies directly to file a discrimination complaint.

U.S. Department of Health and Human Services' Office for Civil Rights (OCR)

You have the right to file a complaint with the OCR, a federal agency, if you believe you have been discriminated against because of any of the following:

- race
- color
- national origin
- age
- disability
- sex

Contact the **OCR** directly to file a complaint:

Director
U.S. Department of Health and Human Services' Office for Civil Rights
200 Independence Avenue SW
Room 509F
HHH Building
Washington, DC 20201
800-368-1019 (voice)
800-537-7697 (TDD)
Complaint Portal: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>

Minnesota Department of Human Rights (MDHR)

In Minnesota, you have the right to file a complaint with the MDHR if you believe you have been discriminated against because of any of the following:

- race
- color
- national origin
- religion
- creed
- sex
- sexual orientation
- marital status
- public assistance status
- disability

Contact the **MDHR** directly to file a complaint:

Minnesota Department of Human Rights
Freeman Building, 625 North Robert Street
St. Paul, MN 55155
651-539-1100 (voice)
800-657-3704 (toll free)
711 or 800-627-3529 (MN Relay)
651-296-9042 (fax)
Info.MDHR@state.mn.us (email)

Minnesota Department of Human Services (DHS)

You have the right to file a complaint with DHS if you believe you have been discriminated against in our health care programs because of any of the following:

- race
- color
- national origin
- creed
- religion
- sexual orientation
- public assistance status
- age
- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)
- marital status
- political beliefs
- medical condition
- health status
- receipt of health care services
- claims experience
- medical history
- genetic information

Complaints must be in writing and filed within 180 days of the date you discovered the alleged discrimination. The complaint must contain your name and address and describe the discrimination you are complaining about. After we get your complaint, we will review it and notify you in writing about whether we have authority to investigate. If we do, we will investigate the complaint.

DHS will notify you in writing of the investigation's outcome. You have the right to appeal the outcome if you disagree with the decision. To appeal, you must send a written request to have DHS review the investigation outcome. Be brief and state why you disagree with the decision. Include additional information you think is important.

If you file a complaint in this way, the people who work for the agency named in the complaint cannot retaliate against you. This means they cannot punish you in any way for filing a complaint. Filing a complaint in this way does not stop you from seeking out other legal or administrative actions.

Contact **DHS** directly to file a discrimination complaint:

Civil Rights Coordinator
Minnesota Department of Human Services
Equal Opportunity and Access Division
P.O. Box 64997
St. Paul, MN 55164-0997
651-431-3040 (voice) or use your preferred relay service

Itasca Medical Care (IMCare) Complaint Notice

You have the right to file a complaint with Itasca Medical Care (IMCare) if you believe you have been discriminated against because of any of the following:

- medical condition
- health status
- receipt of health care services
- claims experience
- medical history
- genetic information
- disability (including mental or physical impairment)
- marital status
- age
- sex (including sex stereotypes and gender identity)
- sexual orientation
- national origin
- race
- color
- religion
- creed
- public assistance status
- political beliefs

You can file a complaint and ask for help in filing a complaint in person or by mail, phone, fax, or email at:

Health Plan Compliance Coordinator
ATTN: Civil Rights Coordinator
Itasca Medical Care (IMCare)
1219 SE 2nd Ave
Grand Rapids, MN 55744-3983
Toll Free: 1-800-843-9536
TTY: 1-800-627-3529 (MN Relay) or 711
Fax: 218-327-5545
Email: imcareoffice@co.itasca.mn.us

American Indian Health Statement:

American Indians can continue or begin to use tribal and Indian Health Services (IHS) clinics. We will not require prior approval or impose any conditions for you to get services at these clinics. For elders age 65 years and older this includes Elderly Waiver (EW) services accessed through the tribe. If a doctor or other provider in a tribal or IHS clinic refers you to a provider in our network, we will not require you to see your primary care provider prior to the referral.

Minnesota Department of Health (MDH) Statement/National Committee for Quality Assurance (NCQA) Disclaimer statement:

Enrolling in this health plan does not guarantee you can see a particular provider on this list. If you want to make sure, call that provider to ask if he or she is still part of this health plan. Also ask if he or she is accepting new patients. This health plan may not cover all your health care costs. Read your contract or Member Handbook carefully to find out what is covered.

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Program Descriptions and Introduction

Program Descriptions

Families and Children:

Families and Children is a managed care program that covers health care for the following people who have Medical Assistance:

- Children under the age of 21
- Parents and caretakers of a dependent child
- Pregnant women
- Low-income adults without a dependent child

MinnesotaCare:

MinnesotaCare is a managed care program that covers health care for people who do not have access to affordable health care coverage. Some members may be required to pay a premium to the State.

Minnesota Senior Care Plus (MSC+): MSC+ is a managed care program that covers health care and Elderly Waiver services for people who:

- are age 65 and over and
- have Medical Assistance.

If you are enrolled in MSC+, you may have another option. Check with your county financial worker to see if you can enroll in the Minnesota Senior Health Options (MSHO) program. MSHO is a voluntary program.

Introduction

How do you find IMCare Providers in your area?

Providers in this directory are divided into sections by type (for example, *primary care providers, hospitals, dental providers, etc*). Locate the type of provider you are looking for in the table of contents and go to that section in the directory. Provider types are listed alphabetically by location.

Network Providers

You must get all your health care from IMCare network providers. There are some exceptions. Examples of exceptions are emergency or urgent care, open access services and other previously authorized services. If you have questions about the providers you should use, please contact Member Services.

Specialty Providers

A specialist is a health care provider who provides treatments for specific diseases or part of the body. There are many different kinds of specialists. A few examples of specialty providers are:

- Oncologist, who care for patients with cancer
- Cardiologists, who care for patients with heart conditions
- Orthopaedics, who care for patients with certain bone, joint, or muscle conditions

When your primary care provider thinks that you need specialized treatment, you may go to see a specialist within our network without a referral. If you need services from a specialty provider and they are not listed in this directory, you will need to contact your primary care provider for a referral. You can get more information on how to access specialists by calling Member Services at the phone number at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529.

Emergency Care Access

In an emergency that needs treatment right away, either call 911 or go to the nearest emergency room. Call for an ambulance if you need it. You do not need to get approval or a referral from your primary care provider. You may get emergency medical care whenever you need it, anywhere in the United States or its territories. IMCare covers ambulance services in situations where getting to the emergency room in any other way could endanger your health.

Home and Community Based Services (HCBS) and **Personal Care Providers (PCA's)* MSC+ Members Only*

The following providers are not listed in this directory, Home Care Agencies, Home and Community Based Service (HCBS) providers, and Personal Care Provider Agencies. IMCare uses the DHS Open Network for these providers. For a list of Elderly Waiver services and providers available for Tier 1 Services and Tier 2 Services, go to the Minnesota Help Info Website at <http://www.minnesotahelp.info/public/>. You may request more information by contacting Member Services at 1-800-843-9536 (toll free), 1-800-627-3529 (TTY).

Long Term Services and Support (LTSS) (MSC+ members only)

You may be able to get long-term services and support (LTSS), such as services provided by the Elderly Waiver (EW) program as an IMCare member. Long term services and supports are help for people who need assistance to do everyday tasks like taking a bath, getting dressed, making food and taking medicine. Most of these services are provided at your home or in your community but could be provided in a nursing home or hospital. To find out more about these services, see your Member Handbook. Call Member Services to get more information on how to access these services.

Important Information

Care Coordination

IMCare's care coordinators help connect members to services and resources they need to get the best possible care. Some members are also eligible for case management through the county. County case managers/care coordinators may be nurses or social workers. They coordinate health care services for members and can accompany members to health care appointments, if needed. They can also assist member with the following:

- Arranging for and coordinating assessments, tests, and other health and continuing care services
- Developing and updating member care plans
- Communicating with a variety of agencies and people
- Disease management programs
- Other services as outlined in member care plans

Members have the right to refuse case management/care coordination services. You can get more information on how to access care coordination by calling Member Services at 218-327-6188, Toll Free 1-800-843-9536, TTY 1-800-627-3529 or 711.

Clinics

When you are a member or become a member of IMCare you chose or were assigned to a primary care clinic. Your primary care clinic can provide most of the health care services you need and will help coordinate your care. You may change your primary care clinic by calling Member Services at 218-327-6188, Toll Free 1-800-843-9536, TTY 1-800-627-3529 or 711.

Cost Sharing

You may be required to pay an amount toward some health care services. This is called cost sharing. Some examples of cost sharing are copays or deductibles for certain services. You are responsible to pay your cost sharing amount directly to your pharmacy or healthcare provider. Members get a Member Handbook with

more information about cost sharing.

Member Handbook

To get detailed information about covered health care services, see your Member Handbook. It also explains your rights and responsibilities as a member of IMCare. Contact Member Services at 218-327-6188, Toll Free 1-800-843-9536, TTY 1-800-627-3529 or 711. You can ask for a printed copy of the Member Handbook at any time. You can contact Member Services to request a printed copy or visit www.imcare.org to access it electronically.

Interpreter Services

American Sign Language (ASL) and language interpreter services are available to help you get services. Oral interpretation can be given to you in your language. You may be able to get written information in your language, call Member Services to get more information on interpreter services.

Member Identification (ID) Cards

Members get a health plan member identification (ID) card. You must show this card whenever you get health care services, including when you get a prescription filled. You will get your member ID card with your member packet when you become our member. You may request a replacement ID card or a Member Handbook by calling Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 or 711 (toll free).

Service Accessibility

If you need special access to get services from a provider, you can get information by calling Member Services at 1-800-843-9536 (toll Free) or 218-327-6188. TTY users call 1-800-627-3529 or 711 (toll free). Or visit www.imcare.org. This could include, but is not limited to, access for services such as accessible office, exam room and equipment.

Prior Authorization

Our approval is needed for some services to be covered. You must get our approval before you get certain services or before we pay for them.

Members need a prior authorization to see any provider who is NOT part of IMCare's network, except for emergency and urgent care services, renal dialysis and open access services. Members get a Member Handbook with more information about which services require prior authorization.

Questions about our network or how to find a provider?

Please call Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.

You can get updated information about providers, information on specialists and the authorization process by calling Member Services at the number listed on the front page. Or, visit www.IMCare.org.

Services

Behavioral Health

Behavioral health services include care and treatment for depression, anxiety or other behavioral health issues that interfere with your daily functioning.

Elderly Waiver Home and Community Based Services for MSC+ members

If you are age 65 or over and need help to stay in your home, a program called Elderly Waiver (EW) can help. EW offers more services than regular Medical Assistance. Services may include visits by a nurse, home care services, homemaker services, chore services, and more. Your care coordinator or case manager can arrange these services for you. If you want more information, please call Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.

Elderly Waiver Obligation for MSC+ members

If you get EW services and your income is over the income limit, you may have to pay a monthly amount. This is called the EW waiver obligation. Your county will tell you about any EW waiver obligation when your eligibility is determined.

Home Care

Home Care services include the following:

- Skilled nursing
- Rehabilitation therapies (for example: speech, physical, respiratory, and occupational)
- Home health aide
- Medical equipment and supplies
- Personal Care Assistant (PCA), *MSC+ Only*
- Home Care Nursing (HCN) services, *MSC+ only*

Families and Children and MinnesotaCare: Members can get information on how to access Personal Care Assistant (PCA) services by calling Itasca County intake for long term care services and supports.

MSC + Members: IMCare Members can get information on how to access Personal Care Assistant (PCA) and Home Care Nursing (HCS) services by calling Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.

Medical Equipment and Supplies

Medical Equipment and Supplies is any medical equipment you can use in the home to improve your quality of living. It can also provide therapeutic benefits to people with certain medical conditions or illnesses. Examples are nebulizers, wheelchairs, crutches and many others. You can get information on how to access Medical Equipment and Supplies by calling Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.

Nursing Home and Skilled Nursing Home Care for MSC+ Members

For MSC+ members, we will cover a total of 180 days of nursing home care. If you need nursing home care for more than 180 days, DHS will pay for your care. This applies unless you were already in the nursing home when you joined our plan.

You can get more information on nursing home services by calling Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.

Open Access Services

For some services, you may choose to get care from any health care provider, clinic, hospital, pharmacy, or family planning agency even if the service/provider is not in our network.

These are called “**open access services**” and include the following:

- Family planning
- Diagnosis of infertility
- Testing and treatment of sexually transmitted diseases
- Testing for AIDS or HIV-related conditions

Pharmacy

Members must use our network of pharmacies for drugs covered by our health plan except under non-routine circumstances when you cannot reasonably use network pharmacies. Remember to have the following available when you call to refill your prescription:

- IMCare Member Identification (ID) Card
- Minnesota Health Care Programs card
- Cards for any other health coverage you have, such as Medicare Part D or private Insurance.

It is important to remember to show both your Member Identification (ID) card and your Minnesota Health Care Programs card when picking up your prescriptions.

To see the IMCare drug formulary, go to www.imcare.org/386/Members and look in the Member Documents box.

People with Medicare must enroll in a Medicare Prescription Drug Program (Medicare Part D) to get most of their drugs.

Substance Use Disorder

Substance use disorder (SUD) services provide care and treatment for substance use disorders.

Substance use disorders can include abuse of alcohol, narcotics, or other drugs. Call

Member/Customer Services at 1-800-843-9536 (toll free) or 218-327-6188 for more information on substance use disorder screening options. TTY users call 1-800-627-3529 (toll free) or 711 options.

Transition of Care

When you join IMCare we will help you continue to get necessary health care services that were authorized before you joined our plan. Some examples are the following:

- Behavioral health services
- Orthodontia
- Prescriptions
- Services for at-risk pregnancy
- Substance use disorder services

If you are currently getting care from a provider who is not in our provider network, we will help you transition to a participating provider. If you would like more information, please contact Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.

Transportation for Families and Children and MSC+ Members

Transportation is available for MinnesotaCare children under age 19.

We are not required to provide transportation to your primary care clinic if it is over 30 miles from your home, if another primary care clinic is available within 30 miles. Exceptions to this rule can be made in certain circumstances. If you need a ride and there is not a closer clinic in our network area, please call the transportation number for Itasca County at 218-327-6747.

If you need help finding special transportation, Member Services at 1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711. Special transportation includes things like handicapped accessible vehicles or ambulances. Members will get access to a Member Handbook with more information about transportation.

Urgent/After Hours/Emergency Care

Call your primary care clinic if you need medical care during clinic hours. When your primary care clinic is closed you may call your local hospital. There will always be a health care provider on call who can tell you how to arrange for care. **In an emergency that needs treatment right away, either call 911 or go to the nearest emergency room.**

To Make Your Search Easier

Information about the following is included in the provider listings:

- Most facilities are accepting new patients, unless noted *****Not accepting new patients.**
- *Cultural Comp. Training* means providers have completed cultural competency training in the last 12 months. Cultural competency training, as defined by the Centers for Medicare and Medicaid Services (CMS), is additional instructions for our health care providers that helps them better understand your background, values and beliefs to adapt services to meet your social, cultural and language needs. If Cultural Competency Training is not noted under a provider, IMCare has not received indication that they have completed the training.
- *ADA Compliant Office.* Accessibility of the provider's office, exam rooms, and/or equipment. For more information about specific accessibility needs, call your provider. The Americans with Disabilities Act (ADA) requires that people with disabilities have equal access to services.
- Languages spoken at the facility.
- Hospital affiliations for primary care clinics.

Provider Network Listings

Primary Care Clinics

Cass and Itasca County Minnesota

You can get updated information about providers in this list by visiting our website at www.imcare.org. You can ask for a print copy of this directory and get information on specialists that are not listed in this booklet by calling Member Services at **1-800-843-9536 (toll free) or 218-327-6188**. TTY users call **1-800-627-3529 (toll free) or 711**. Unless otherwise indicated, all providers in these listings are accepting new patients.

CASS COUNTY REMER

Essentia Health Remer

9 Birch Street
Remer, MN 56672
218-566-1441

Hospital Affiliation:

Essentia Health Deer River
*Cultural Comp. Training
Accessible office and exam
room*

Family Practice Providers:

Durie, Kjerstin, PA
Hedin, Paula, MD
Hoffman, BD Kion, MD
Howard, Thomas, MD
Kongsjord, Shana, CNP
Mell, Kathryn, MD
Nichols, Danika, CNP
Redland, Kelsey, MD
Waage, Tasha, CNP
Zupan, Nancy, CNP
Cardiology Provider:
Teasck, Anthony, CNP

ITASCA COUNTY BIG FALLS

Scenic Rivers Health Services

410 Second St. NW
Big Falls, MN 56627
218-276-2403

Hospital Affiliation:

Bigfork Valley Hospital
*Accessible office and exam
rooms*

Family Practice Providers:

Anderson, Edwin, MD
Dahlquist, Jeffrey, PA
Drake, Kari, PA
Harmon, Lisa, MD
Mann, Chelsea, MD
Myers Wolfson, Barret, MD
Porter, Catherine, PA
Scrivner, Jeffrey, MD
Scrivner, Eric, MD
Weddle, Allison, CNP
White, Brittany, CNP

BIGFORK

Bigfork Valley Specialty Clinic

258 Pine Tree drive
Bigfork, MN 56628
218-743-3177

Hospital Affiliation:

Bigfork Valley Hospital
*Cultural Comp. Training
Accessible office, exam
room and equipment*

Orthopedic Providers:

Baker, Daniel, MD
Temple, Jeffrey, CNP

Scenic Rivers Health Services

135 Pine Tree Drive
Bigfork, MN 56628
218-743-3232

Hospital Affiliation:

Bigfork Valley Hospital
*Accessible office and exam
room*

Family Practice Providers:

Anderson, Edwin, MD
Dahlquist, Jeffrey, PA
Drake, Kari, PA
Mann, Chelsea, MD
Myers Wolfson, Barret, MD
Porter, Catherine, PA
Scrivner, Eric, MD
Scrivner, Jeff, MD
Weddle, Allison, CNP
White, Brittany, CNP

BOVEY

Bigfork Valley Clinic Balsam

41150 Scenic Highway 7
Bovey, MN 55709
218-245-2610.

Hospital Affiliation:

Bigfork Valley Hospital
*Accessible office and exam
room*

Family Practice Provider:

Drake, Kari, PA

DEER RIVER

Essentia Health Deer River

115 10th Avenue NE
Deer River, MN 56636
218-246-8275

Hospital Affiliation:

Essentia Health Deer River
*Cultural Comp. Training
Accessible office, exam room
and equipment*

Languages:

Spanish

Family Practice Providers:

Durie, Kjerstin, PA
Garshelis, Judy, CNP
Hedin, Paula, MD
Hoffman, BD Kion, MD
Howard, Thomas, MD
Jacobson, Jana, CNP
Kongsjord, Shana, CNP
Nichols, Danika, CNP
Redland, Kelsey, MD
Waage, Tasha, CNP
Williams, Kathryn, MD
Zupan, Nancy, CNP

Cardiology Provider:

Teasck, Anthony, CNP

Gerontology:

Karissa Schultz, CNP

Hematology/Oncology:

Oberhelman, Brittany, CNP

Orthopaedic Surgery Providers:

Palkert, Diane, MD

Primary Care Clinics Itasca County

Grand Itasca Clinic & Hospital

1601 Golf Course Road
Grand Rapids, MN
55744 218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam
room and equipment

Languages:

Spanish

Cardiology Providers:

Brody, Daniel, DO

Conner, Kristina, CNP

Chiropractic Providers:

Soular, Linnea, DC

Warne, Eric, DC

Family Practice Providers:

Berg, Tamara, PA

Bruemmer, Sara, CNP

Carey, Jodie, CNP

Carlin-Janssen, Patricia, MD

Carlisle, Jack, MD

Carlson, Jeremy, MD

Cleary, Cathy, MD

Cole-Anthony, Cary, MD

Imholte, Philip, MD

Liebe, Michael, MD

Oja, Jennifer, PA

Olson, Dawn, CNP

Overbye, Michelle, CNP

Pehl, Timothy, MD

Radovich, Terri, MD

Rutherford, William, MD

Smestad, Danielle, CNP

Soltis, Shelly, DO

Soular, Daniel, MD

Tofte, Anne, MD

Youngdahl-Palacek, Antoinette,
MD

General Surgery:

Germescheid, Jonathan, MD

Kole, John, MD

Owens, Lisa, MD

Olson, Shawn, MD

Gerontology

Saino, Laura CNP

Internal Medicine:

Fowler, Marc, MD

Holl, Stacy, DO

Murphy, Keith, MD

Skaudis, Darin, MD

Villeneuve, Rosetta, CNP

OB/GYN:

Beyer, Derek, MD

Johnson, Kathryn, MD

Johnson, Scott, MD

Pediatrics:

Harker, Shannon, MD

Murphy, Keith, MD

Rourk, Janice, MD

Urology:

Novak, Ryan, MD

Essentia Health Grand Rapids

1542 Golf Course Road Suite 203
Grand Rapids, MN 55744
218-999-7000

Hospital Affiliation:

Essentia Health Deer River
Cultural Comp. Training
Accessible office, exam
room and equipment

Languages:

Spanish, Sign Language

Family Practice Providers:

DeMuri, Meg, PA

Durie, Kjerstin, PA

Fultz, Janna, CNP

Gustafson, Natalie, CNP

Kongsjord, Shana, CNP

Lund, Jared, MD

Nichols, Danika, CNP

Redland, Kelsey, MD

Waage, Tasha, CNP

Witt, Thomas, MD

Cardiology Provider:

Teasck, Anthony, CNP

NASHWAUK

Fairview Mesaba Clinic

402 Platt Avenue East
Nashwauk, MN 55769
218-885-2858

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office and exam
room

Languages:

Sign Language

Family Practice Providers:

Clusiau, Kathryn, PA

Harle, Brooke, CNP

Hoyum, Susan, MD

Koivisto, Stephanie, CNP

Thompson, Brian, MD

Podiatry:

Helland, Stacey, DPM

General Surgery:

Smith, Wendell, MD

NORTHOME

Scenic Rivers Health Services

12052 Main Street
Northome, MN 56661
218-897-5222

Hospital Affiliation:

Bigfork Valley Hospital
Cultural Comp. Training
Accessible office, and exam
room

Family Practice Providers:

Dahlquist, Jeffrey, PA

Drake, Kari, PA

Mann, Chelsea, MD

Myers Wolfson, Barret, MD

Porter, Catherine, PA

Sandberg, Cynthia, CNP

Scrivner, Jeff, MD

Weddle, Allison, CNP

White, Brittany, CNP

Primary Care Clinics St. Louis County Minnesota

CHISHOLM

Essentia Health Chisholm

400 NW 1st Street
Chisholm, MN 55719
218-254-3391

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room

Family Practice Providers:

Durie, William, MD
Grahek, Patricia, MD

COOK

Scenic Rivers Health Services

20 5th Street SE
Cook, MN 55723
218-666-5941

Hospital Affiliation:

Bigfork Valley Hospital
Accessible office and exam room

Family Practice Provider:

Anderson, Edwin, MD
Elleby, Eric, MD
Garbisch, Bruce, MD
Hadrava, Emily, CNP
Holmes, Matthew, MD
Lantry, Stephanie, CNP
Sandberg, Cynthia, CNP
Tietz, Charles, MD
Vidor, Nicholas, MD
Weddle, Allison, CNP
White, Brittany, CNP

HIBBING

Essentia Health Hibbing

730 East 34th St
Hibbing, MN 55746
218-262-3425

Hospital Affiliations:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Family Practice Providers:

Baldwin, Jan Linse, MD
Durie, William, MD

Golzales, Anthony, MAD
Gonzales, Joylynn, MD
Grahek, Patricia, MD
Hematology/Oncology
Oberhelman, Brittany, CNP
Pederson, Jennifer, MD

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Chiropractor Providers:

Hildenbrand, Jay, DC

Ear, Nose & Throat Providers:

Fredrickson, Kristin, DO
Ruud, Tara, PA

Family Practice Providers:

Antonich, Jeanne, CNP
Bigelow, Kimberly, MD
Clusiau, Kathryn, PA
Couture Knuti, Janice, CNP
Copeman, Jeffrey, MD
Flaim, Anne, PA
Harle, Brooke, CNP
Hoyum, Susan, MD
Kappela, Kasey, MD
Koivisto, Stephanie, CNP
McDonald, Amanda, MD
Middlestead, Deb, CNP
Moberg, Joni, CNP
Petroski, Shannon, CNP
Rudberg, R. Jon, MD
Rudberg, Susan, MD
Salminen, Jennifer, CNP
Slattery, Shannon, CNP
St. George, Teresa, MD
Swanson, Dara, CNP
Thompson, Brian, MD
Versich, Mark, MD
Wallis, Colleen, PA

Podiatry:

Helland, Stacey, DPM

General Surgeons:

Haigh, Jacquelyn, CNP
Hanson, Sandra, MD
Lucarelli, Joseph, MD
Skaja, Joseph, MD
Smith, Wendell, MD
Williams, Michael, DO

Internal Medicine Providers:

Bastianelli, Anthony, DO
Hoppe, Theodore, DO

Midwifery:

Etter, Robin, CNM

OB/GYN Providers:

Bong, Henry, MD
Jones, Elizabeth, MD
Meyer, Lane, MD
Tuthill, Amy, CNP

Oncology Providers:

Pettinelli, Kimberly, CNP
Provatas, Anastas, MD

Orthopaedic Providers:

Denoncourt, Paul, MD
Hise, Leo, MD
Lockard, Caitlin, PA

Pediatric Providers:

Hoppe, Theodore, DO
Krause, Kevin, MD
Buenger, Lisa, MD

Primary Care Clinics St. Louis County

Hibbing Family Medical Clinic

1120 E 24th St

Hibbing, MN 55746

218-362-7100

Hospital Affiliations:

University Medical Center

Mesabi

Accessible office and exam room

Languages:

Spanish

Family Practice Providers:

Cardwell, Mitchell, DO

Dworzynski, Christine, CNP

Hilde-Philips, Amy, MD

Loo, Thomas, MD

Turner, Stephen, DO

Wagner, Mark, MD

MOUNTAIN IRON

Fairview Mesaba Clinic

8469 Enterprise Drive South

Mountain Iron, MN 55768

218-741-2250

Hospital Affiliation:

University Medical Center

Mesabi

Cultural Comp. Training

*Accessible office and exam
room*

Languages:

Sign Language

Family Practice Providers:

Couture-Knuti, Janice, CNP

Flaim, Anne, CNP

Harle, Brooke, CNP

Hoyum, Susan, MD

Koivisto, Stephanie, CNP

St. George, Teresa, MD

Tervo, Rebecca, CNP

Podiatry:

Helland, Stacey, DPM

Behavioral Health

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BIGFORK

Cortese, Patricia, LP
53221 Lily Pond Trail
Bigfork, MN 56628
218-244-6563

Scenic Rivers Health Services

135 Pine Tree Drive
Bigfork, MN 56628
218-743-3232
Accessible office and exam room

Providers:

Olds, Jeffrey, LICSW
Weddle, Allison, CNP

DEER RIVER

Providence Psychiatry Services

708 Division Street
Deer River, MN 56636
218-246-6286
Cultural Comp. Training
Accessible office and exam room

Provider:

Vaneps, Jean, CNP

Stapleton Psychological Services

1006 Comstock Drive
Deer River, MN 56636
218-259-0747
Accessible office and exam room

Provider:

Stapleton, Kenneth, LP

GRAND RAPIDS

Anderson Jore Counseling

1749 2nd Avenue SE
Grand Rapids, MN 55744
218-326-9781
Accessible office and exam room

Providers:

Anderson, Mark, LPCC
Jore Anderson, Renee, LMFT

Beyond Counseling, LLC

813 S. Pokegama Avenue
Grand Rapids, MN 55744
218-259-2370
Accessible office

Provider:

Troumbly, Laurie, LPCC

Children's Mental Health

35382 US Highway 2 W Grand
Rapids, MN 55744
218-327-4886

Cultural Comp. Training

Accessible office

Providers:

Field, Kathleen, LICSW
Harbin, Michael, LICSW
Larsen, William, LP
Latvala, Jolene, LICSW
Perkovich, Jessie, LPCC
Prewett, Beth, LPCC
Schmidt, Lynette, LICSW

Compass North Psychological Services

1200 S Pokegama Ave Suite 160
Grand Rapids, MN 55744
218-999-0051

Cultural Comp. Training

Accessible office and exam room

Providers:

Hawkinson, Valerie, LICSW
Meyer, Alexander, LICSW
Nikkel, Laura, LPCC
Olds, Jeffrey, LICSW
Schesso, Kathryn, LMFT
Zerwas, Roxanne, LICSW

Embrace Mental Health, LLC

10 NW 5th St. Ste. 3 Grand
Rapids, MN 55744
218-297-0055

Provider:

Dafoe-Butler, Dana, LMFT

J. Hill Psychological Services 201

NW 4th Street Suite 7 Grand
Rapids, MN 55744
218-999-7552

Accessible office

Providers:

Hill, Janine, LMFT

Lakeview Behavioral Health

20 NW 3rd Street
Grand Rapids, MN 55744
218-327-2001

Accessible office and exam room

Providers:

Carlson, Jody, CNP
Dewey, Louise, CNP
Englund, Stacy, LICSW
Johnson, Thomas, CNP
Riggs, Lisa, CNP

Linnihan, Mary, LP

501 Pokegama Ave S, Suite 4
Grand Rapids, MN 55744
218-244-9414

Meyer, Lois, LMFT

419 Timberline Circle SW
Grand Rapids, MN 55744
218-327-7267

Modern M.O.J.O., LLC

28 4th Street NW, Suite A
Grand Rapids, MN 55744
218-999-7750

Cultural Comp. Training

Accessible office and exam room

Providers:

Alaspa, Krista, CNP
Shimek, Mandi, LPCC
Zimmerman-Deschepper, Tracy,
CNP

Behavioral Health

NHS-Northstar Specialized Services

501 Pokegama Ave, Suite 3
Grand Rapids, MN 55744
218-254-5757

Provider:

Hoelscher, Gordon, LICSW

North Homes, Inc

1880 River Road
Grand Rapids, MN 55744
218-327-3000

Cultural Comp. Training

Accessible office and exam rooms

Providers:

Bougalis, Rachel, LPCC
Corradi, Lisa, LICSW
DelGreco, Rochelle, LICSW
Faver, Richard, LP
Kujawa, Lindsay, PhD, LP
Mallum, Amy, LICSW
McCaughtry, Floyd, LICSW
Rubesh, Kathleen, LICSW
Schackman, Cynthia, CNP
Sheppard, Jennifer, LICSW
Stitt, Marissa, LPCC

Speak Easy, LLC

10 NW 5th St. Ste. 203
Grand Rapids, MN 55744
218-245-5073

Provider:

Weidendorf, Melissa, LPCC

Northland Counseling Center

215 SE 2nd Avenue
Grand Rapids, MN 55744
218-326-1274

Cultural Comp. Training

Accessible office

Providers:

Alstad, Jennifer, LMFT
Baratto, Angela, LPCC
Bilyeu, Kirstiane, LICSW
Heitzman, Jean, LICSW
Kefalas, Thomas, MD
Litchke, Tabbatha, LPCC
Meyer, Kayla, LPCC
Navratil, Brian, LMFT
Nelson, Bradley, LP
Nelson, Dannielle, CNP
Pellerito, Angela, CNP

Pereira, Ana, LMFT
Wallaker, Brea, LICSW
White, John, LMFT
Worrath, Brandi, LPCC

Pamela Johnson, LP

501 Pokegama Ave S, Suite 4
Grand Rapids, MN 55744
218-327-9336

Restoration Counseling & Psychological Services

10 1/2 NW 3rd
Street PO Box 337
Grand Rapids, MN 55744
218-327-0887

Providers:

Rhodes, Heather, LP

Stapleton Psychological Services

21 NE 5th Street, Suite 100
Grand Rapids, MN 55744
218-326-5694

Providers:

Stapleton, Kenneth, LP

Stenlund Psychological Services

201 NW 4th St, Ste. M & N
Grand Rapids, MN 55744
218-327-8937

Provider:

Stenlund, Bryan, LP

Stepping Stones Child & Family Services

214 1st Avenue NW, Unit C
Grand Rapids, MN 55744
218-301-9122

Provider:

Chandler, Kelly, CNP

Thomas Counseling & Wellness Center, LLC

303 Golf Course Rd
Grand Rapids, MN 55744
218-360-5503

Providers:

Thomas, Cindy Lee, LICSW
Rinne, Michelle, LP

Toonstra Psychological Services

107 SE 10th Street Unit 102
Grand Rapids, MN 55744
218-259-7424

Provider:

Toonstra, Martin (Jeff), LP

Doctor V, LLC

2022 Cromwell Dr. Grand
Rapids MN 55744
218-398-3502

Accessible office and exam room

Providers:

Vietanen, Mischelle, LP

Victoria Beck, LLC

1749 SE 2nd Avenue
Grand Rapids, MN 55744
218-326-9781

Well, PLLC

801 4th Street
Grand Rapids, MN 55744
218-999-9660

Providers:

Christian, James, LMFT
Flood, Lauren, LMFT
Scally, Linh, LICSW

NASHWAUK

Northern Perspectives Psychological Services

Accessible office
430 Pearson Ave.
Nashwauk, MN 55769
218-301-1010

Providers:

Othon, Victoria, LP
Roth, Shosty, PA
Vitelli, Joann, LP
Winterfeldt, Melanie, LICSW

NORTHOME

Scenic Rivers Health Services

Accessible office and exam room
12052 Main Street
Northome, MN 56661
218-897-5222

Providers:

Olds, Jeffrey, LICSW
Weddle, Allison, CNP

Behavioral Health

ST. LOUIS COUNTY

COOK

Scenic Rivers Health Services

20 5th Street SE Cook, MN 55723
218-666-5941

Accessible office and exam room

Providers:

Olds, Jeffrey, LICSW
Williams, Celine, LICSW

HIBBING

Calla, PLC

2602 W 1st Ave
Hibbing, MN 55746
218-263-3360

Cultural Comp. Training

Accessible office and exam room

Provider:

Hill, Allison, CNP

Creative Solutions 4 Kids

2900 E Beltline Highway
Suite 16
Hibbing, MN 55746
218-244-9414

Accessible office

Providers:

Fisher, Debra, LICSW
Rengstorf, Ashley, LICSW

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Cultural Comp. Training

Accessible office and exam room

Providers:

Alaspa, Krista, CNP
Breitbarth, Steven, LMFT
Eliason, Misty, MD
Granberg, Nicole, CNP
Larson, Janet, CNP
Overlee, Debra, LICSW
Patterson, April, NP
Porcello, Valerie, CNP
Silverstri-Adamich, Lisa, LICSW
Thronson, Laura, LPCC
White, Chandra, NP
Woelpern, Angela, CNP

Heartwood Center for Child and Family Therapy, LLC

302 E Howard St Suite 118
Hibbing MN 55746
218-263-1347

Accessible office

Providers:

Cesari, Maria, LICSW
Kendall, Jennifer, LMFT

J. Hill Psychological Services

302 Howard St.
Hibbing MN 55746
218-999-7552

Provider:

Hill, Janine, LMFT

Kind Mind Counseling

3105 E Beltline Hwy., Ste. 16
Hibbing, MN 55746
218-969-4286
218-263-5949

Accessible office

Providers:

Haapala, Charlene, LICSW
Jotter, Marmie, LICSW

Lakeview Behavioral Health

2729 E 13th Ave.
Hibbing, MN 55746
218-293-4789

Cultural Comp. Training

Accessible office

Providers:

Englund, Stacey, LICSW
Johnson, Tom, CNP
Riggs, Lisa, CNP

Range Mental Health Center

3203 West 3rd Ave.
Hibbing, MN 55746
218-263-9237
888-344-9237

Cultural Comp. Training

Accessible office and exam room

Providers:

Dale, Duane, LICSW
Southers, Joyce, CNP
Tomberlin, Lori, LPCC
Yousefi, Melanie, CNP
Zupancich, Brooke, LPCC

Chemical Dependency

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ITASCA COUNTY

GRAND RAPIDS

Hope House

Accessible office
2002 Cromell Dr
LaPrairie, MN 55744
218-326-1443

Lakeplace Retreat Center

Accessible office
25704 County Road 338
Bovey, MN 55709
218-245-1395

North Homes, Inc

1880 River Road
Grand Rapids, MN 55744
218-327-3000
Cultural Comp. Training
Accessible office
Providers:
Corradi, Lisa, LICSW
DelGreco, Rochelle, LICSW
Faver, Richard, LP
Lach, Rachel, LPCC
Mallulm, Amy, LICSW
McCaughtry, Floyd, LICSW
Rubesh, Kathleen, LICSW
Sheppard, Jennifer, LICSW

Northland Recovery Center

Cultural Comp. Training
Accessible office
1215 SE 7th Avenue
Grand Rapids, MN 55744
218-327-1105

Pear Lake Women's Program

2086 Ridgeway Dr
Grand Rapids, MN 55744
218-327-9944

Lakeview Behavioral Health

516 South Pokegama Avenue
Grand Rapids, MN 55744
218-327-2001

ST. LOUIS COUNTY

HIBBING

Range Mental Health Center

Accessible office
3203 West 3rd Avenue
Hibbing, MN 55746
218-263-9237
888-344-9237

Providers:

DelGreco, Kathleen, LICSW
Krebsbach, Janice, LICSW
Kresien, Timothy, LICSW

Chiropractors

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ITASCA COUNTY

BIGFORK

Bigfork Valley Hospital

258 Pine Tree Drive Bigfork,
MN 56628
218-743-4340
*Accessible office, exam room
and equipment*

Chiropractor:

Olson, Harold (Mike), DC

BOVEY

Bergren Family Chiropractic

23465 County Road 8
Bovey, MN 55709
218-245-2176
Accessible office and exam room

Providers:

Bergren, Jerrad, DC

GRAND RAPIDS

Davis Chiropractic Health & Wellness

204 NW 5th Street
Grand Rapids, MN 55744
218-326-1804
*Cultural Comp. Training
Accessible office*

Chiropractor:

Davis, Ryan, DC
Joki, John, DC

Denver Chiropractic Clinic

107 SE 10th Street
Grand Rapids, MN 55744
218-326-0071
Accessible office and exam room

Chiropractor:

Denver, Gregory, DC

Grand Itasca Clinic & Hospital

111 SE 3rd Street
Grand Rapids, MN 55744
218-326-5000
*Cultural Comp. Training
Accessible office, exam
room and equipment*

Chiropractor:

Soular, Linnea, DC

Grand Rapids Chiropractic

1415 E Highway 169
Grand Rapids, MN 55744
218-326-1030
Accessible office and exam room

Chiropractor:

Hebrink, Tanya, DC

Gunnerson Chiropractic

1325 NW 4th Street Suite
200 Grand Rapids, MN 55744
218-326-4022
Accessible office and exam room

Chiropractor:

Gunnerson, Lane, DC

Itasca Chiropractic Center

823 NE 4th Street
Grand Rapids, MN 55744
218-326-1732
Accessible office and exam room

Chiropractor:

Anderson, Donald, DC

McBride Chiropractic Clinic

1751 2nd Avenue SE Suite 3
Grand Rapids, MN 55744
218-326-2828
Accessible office and exam room

Chiropractors:

Bulson, Andrea, DC
McBride, R. Scott, DC

ST. LOUIS COUNTY

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441
*Cultural Comp. Training
Accessible office and exam room*

Chiropractor:

Hildenbrand, Jay, DC

Quirk Chiropractic Clinic

1406 E 40th Street
Hibbing, MN 55746
218-262-1880

Cultural Comp. Training

Accessible office and exam room

Chiropractor:

Quirk, Michael, DC

Dentists

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BIGFORK

Bigfork Dental Clinic

303 Main Ave.

Bigfork, MN 56628

218-743-3600

Accessible office and exam room

Dentists:

Corrin, Lucy, DDS

Sushoreba, Duane, DDS

Talberg, Michael, DDS

Wightman, Robert, DDS

COLERAINE

Anderson Family Dental

209 McLean Avenue

Coleraine, MN 55722

218-245-1278

Dentist:

Anderson, Jordan, DDS

Accessible office and exam room

Cedar Ridge Dental Centre

303 Powell Avenue

Coleraine, MN 55722

218-245-2451

****No New Patients*

Accessible office and exam room

Dentists:

Schroeder, Barbara, DDS

Schroeder, Matthew, DDS

DEER RIVER

Carter, Jeffery L., DDS

111 Main Street

Deer River, MN 56636

218-246-8200

Accessible office and exam room

GRAND RAPIDS

Bolz, Jeffrey N., DDS

512 1st Avenue NE

Grand Rapids, MN 55744

218-326-3240

Accessible office

Grand Dental Center

1604 Golf Course Road

Grand Rapids, MN 55744

218-326-0339

Accessible office and exam room

Dentists:

Johnson, Lisa, DDS

McBride, Leanna, DDS

Grand Rapids Dental Care

220 SE 21st Street

Grand Rapids, MN 55744

218-326-3438

Accessible office

Dentists:

Buchert, Rachel, DDS

Hagley, Michael, DDS

Jess, Lee D., DDS

501 South Pokegama Suite 101

Grand Rapids, MN 55744

218-326-3231

Accessible office and exam room

Johnson, James, DDS

512 NE 1st Avenue Grand

Rapids, MN 55744

218-326-2531

Accessible office and exam room

Miskovich Dental Clinic, PC

1121 SE 4th Avenue

Grand Rapids, MN 55744

218-326-3437

Accessible office

Dentists:

Kuehn, Andrew, DDS

Miskovich, Mike, DDS

Miskovich, Peter, DDS

Northern Lakes Dental

520 5th Street NW

Grand Rapids, MN 55744

218-326-2901

Accessible office and exam room

Dentists:

Cargill, Kathryn, DDS

Hallie, Erick, DDS

Ihle, Jacob, DDS

Rowell Family Dentistry

510 2nd Avenue NW

Grand Rapids, MN 55744

218-326-1266

Accessible office

Dentist:

Rowell, Stephanie, DDS

Rowell, Bryon G., DDS

Schroeder Family Dentistry

403 NE 5th Avenue

Grand Rapids, MN 55744

218-326-9051

Dentists:

Accessible office and exam room

Schroeder, Barbara, DDS

Schroeder, Matthew, DDS

West Range Dental Clinic

1043 E Highway 169

Grand Rapids, MN 55744

218-326-2560

Accessible office

Dentist:

Rostvold, James, DDS

NASHWAUK

Up North Dental

210 Central Avenue

Nashwauk, MN 55769

218-885-9921

Accessible office and exam room

Dentist:

Specht, CJ (Charity), DDS

ST. LOUIS COUNTY

COOK

Scenic Rivers Health Services

12 South River St

Cook, MN 55723

218-666-5958

Accessible office

Dentists:

Corrin, Lucy, DDS

Rezk, Ehab, DDS

Spouls, Timothy, DDS

Sushoreba, Duane, DDS

Talberg, Michael, DDS

Wightman, Robert, DDS

Eye Care

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ITASCA COUNTY

GRAND RAPIDS

John L. Bonner Eye Clinic

1542 Golf Course Rd Suite 201

Grand Rapids MN 55744

218-326-7260

Accessible office and exam room

Ophthalmologist:

Mariano, M. Jerry, MD

Optometrists:

Haugeberg, Amy, OD

Young, Michael, OD

Eye Care Clinic

15 NE 5th Street

Grand Rapids MN 55744

218-327-1148

Accessible office and exam room

Optometrists:

Perrot, Richard, OD

Tabbert, Corey, OD

Eye Fashions Optical Shoppe

202 NW 1st Ave

Grand Rapids MN 55744

218-326-0358

Accessible office and exam room

Optometrist:

Schlauderaff, Larry, OD

Eye Q Optometric Clinic

201 NW 4th St Suite 109

Grand Rapids MN 55744

218-326-9619

Cultural Comp. Training

Accessible office

Optometrist:

Dalen, Darwin, OD

Vision Optical

710 Pokegama Ave. S

Grand Rapids MN 55744

218-326-1775

Optometrist:

Dubbels, Paul, OD

Accessible office

Vision Pro

3150 S Pokegama Ave Suite 103

Grand Rapids, MN 55744

218-327-0070

Cultural Comp. Training

Accessible office and exam room

Optometrist:

Wilson, Quang, OD

ST. LOUIS COUNTY

HIBBING

John L. Bonner Eye Clinic

3605 Mayfair Ave Suite 2150

Hibbing MN 55746

218-262-3156

Accessible office and exam room

Ophthalmologist:

Mariano, M. Jerry, MD

Optometrists:

Haugeberg, Amy, OD

Young, Michael, OD

Home & Community Bases Services

The following providers, Home & Community Based Service Providers, are not listed in this directory but you can ask for more information by contacting Member Services at **1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.**

IMCare uses the DHS Open Network for some Home & Community Based Service Providers. For a list of Elderly Waiver services and providers available for Tier 1 Services and Tier 2 Services, go to the Minnesota Help Info website at <http://www.minnesotahelp.info/public/>.

Home Care Agencies & PCA's

The following providers, Home Care Agencies & PCAs, are not listed in this directory but you can ask for more information by contacting Member Services at **1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.**

IMCare uses the DHS Open Network for some Home Care Agencies & PCAs. For a list of Elderly Waiver services and providers available for Tier 1 Services and Tier 2 Services, go to the Minnesota Help Info website at <http://www.minnesotahelp.info/public/>.

Pharmacies

You can get updated information about providers in this list by visiting our website at www.imcare.org. You can ask for a print copy of this directory and get information on specialists that are not listed in this booklet by calling Member Services at **1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.** Unless otherwise indicated, all providers in these listings are accepting new patients.

Enrollees with Medicare must use a Medicare Part D prescription drug plan for Part D covered drugs. Contact your Medicare Part D prescription drug plan if you have questions about how to access pharmacies for Part D drugs.

BIGFORK

Bigfork Valley Pharmacy
258 Pine Tree Drive
Bigfork, MN 56628
218-743-4444
www.bigforkvalley.org

DEER RIVER

Ott Drug Store, Inc
117 Main Avenue E
Deer River, MN 56636
218-246-8642

GRAND RAPIDS

CVS – Target Pharmacy
2140 Pokegama Avenue S
Grand Rapids, MN 55744
218-326-6412

Essentia Health -Grand Rapids
1542 Golf Course Rd, Ste. 205
Grand Rapids, MN 55744
218-322-6210

Grand Itasca Pharmacy
1601 Golf Course Rd
Grand Rapids, MN 55744
218-326-4000

Thrifty White Drug #728
1105 S Pokegama Ave
Grand Rapids, MN 55744
218-326-9431
www.thriftywhite.com

Thrifty White Pharmacy #788
2410 S Pokegama Ave
Grand Rapids, MN 55744
218-326-7054
www.thriftywhite.com

Walgreens Pharmacy
18 SE 10th Street
Grand Rapids, MN 55744
218-326-0069

Walmart Pharmacy
100 SE 29th Street
Grand Rapids, MN 55744
218-326-9401
www.walmart.com

ST. LOUIS COUNTY

HIBBING

Baron's Pharmacy
1120 E 34th Street
Hibbing, MN 55746
218-263-7455

Walgreens Pharmacy
1130 E 37th Street
Hibbing, MN 55746
218-262-1358
www.walgreens.com

Walmart Pharmacy
12080 Highway 169 W
Hibbing, MN 55746
218-262-3419

Essentia Health – Hibbing

730 E 34th St, Ste A
Hibbing, MN 55746
218-262-5225

Fairview Mesaba Pharmacy

3605 Mayfair Avenue
Hibbing, MN 55746
218-263-4922

Thrifty White Drug

3517 E Beltline
Hibbing, MN 55746
218-262-6140

Hospitals

You can get updated information about providers in this list by visiting our website at www.imcare.org. You can ask for a print copy of this directory and get information on specialists that are not listed in this booklet by calling Member Services at **1-800-843-9536 (toll free) or 218-327-6188**. TTY users call **1-800-627-3529 (toll free) or 711**. Unless otherwise indicated, all providers in these listings are accepting new patients.

ITASCA COUNTY

BIGFORK

Bigfork Valley Hospital

258 Pine Tree drive

Bigfork, MN 56628

218-743-3177

Cultural Comp. Training

Accessible office, exam room and equipment

DEER RIVER

Essentia Health

115 10th Ave NE

Deer River, MN 56636

218-246-2900

Cultural Comp. Training

Accessible office, exam room and equipment

Languages:

Spanish

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Rd

Grand Rapids MN 55744

218-326-3401

Cultural Comp. Training

Accessible office, exam room and equipment

Languages:

Spanish

ST LOUIS COUNTY

HIBBING

University Medical Center

Mesabi

750 East 34th St

Hibbing MN 55746

218-262-4881

Cultural Comp. Training

Accessible office, exam room and equipment

Languages:

Finnish

Greek

Nursing Homes

BIGFORK

Bigfork Valley Communities

258 Pine Tree Drive

Bigfork, MN 56628

218-743-3174

DEER RIVER

Essentia Health Homestead Rehabilitation & Living Center

1053 Comstock Drive

Deer River, MN 56636

218-246-3007

GRAND RAPIDS

The Emeralds

2801 S Highway 169

Grand Rapids, MN 55744

218-326-3431

Grand Village & Lodge

923 Hale Lake Pointe

Grand Rapids, MN 5

Specialty Providers

You can get updated information about providers in this list by visiting our website at www.imcare.org. You can ask for a print copy of this directory and get information on specialists that are not listed in this booklet by calling Member Services at **1-800-843-9536 (toll free) or 218-327-6188. TTY users call 1-800-627-3529 (toll free) or 711.** Unless otherwise indicated, all providers in these listings are accepting new patients.

AUDIOLOGISTS

GRAND RAPIDS

Hearing Associates

Accessible office

303 SE 1st Street
Grand Rapids, MN 55744
218-326-6018

Hearing Equipment & Repair

Accessible office

1275 S Pokegama Avenue
Grand Rapids, MN 55744
218-326-5986

GENERAL SURGERY

GRAND RAPIDS

Lakewood Surgery Center

Accessible office

1542 Golf Course Road #105
Grand Rapids, MN 55744
218-326-3937

Itasca Surgical Clinic

520 NW 1st Ave, Ste 5
Grand Rapids, MN 55744
218-327-7973

Accessible office

Providers:

Margo, Daniel, MD
Church, Carol, CNS

Urgent Care Providers

ITASCA COUNTY

GRAND RAPIDS

Essentia Health Grand Rapids

1542 Golf Course Road Suite 203
Grand Rapids, MN 55744
218-999-7000

*Accessible office, exam rooms
and equipment*

Hospital Affiliation:

Essentia Health Deer River

Hours of Operation:

Monday & Thursday
5:00 - 8:00
Saturday
9:00 - 1:00

**Hours are subject to change*

Rapid Clinic

1601 Golf Course Road
Grand Rapids, MN 55744
218-326-3401

Cultural Comp. Training

*Accessible office, exam rooms and
equipment*

Hospital Affiliation:

Grand Rapids Clinic & Hospital

Hours of Operation:

Monday-Sunday 10:00 - 8:00
Memorial Day, July 4th & Labor
Day 10:00 - 8:00
Christmas Eve and New Year's Eve
10:00 - 2:00

CLOSED:

New Year's Day, Easter,
Thanksgiving, Christmas Day
**Hours are subject to change*

ST. LOUIS COUNTY

HIBBING

Fairview University Medical Center - Mesabi

750 E 34th Street
Hibbing, MN 55746
218-262-4881

888-870-8626

Cultural Comp. Training

*Accessible office, exam rooms and
equipment*

Hospital Affiliation:

Fairview University Medical
Center - Mesabi

Hours of Operation:

Monday - Sunday 9:00 - 10:00

**Hours are subject to change*

IMCare Offers:

Local Customer Service – We have trained and dedicated Member Services staff, and your calls will always be answered by a **person**, not a machine.

Quality Health Coverage – You get coverage for the health care you need, including many services to help you stay health: checkups, immunizations, care coordination and disease management programs.

Access to Specialists – You can see network specialists without a referral.

Large Network of Providers – We have an extensive network of primary and specialty care providers.

Cooperation – We work closely with local providers to better meet your needs.



Member Services
1-800-843-9536 (toll free) or
218-327-6188
Monday – Friday, 8 a.m. – 8 p.m.

Website
www.imcare.org

Address
IMCare
1219 SE 2nd Avenue
Grand Rapids, MN 55744

This information is available in other forms to
people with disabilities by calling:
1-800-843-9536 (toll free) or
218-327-6188

TTY Users Call
1-800-627-3529 or 711