

IMCare Classic (HMO SNP) | 2019 Provider and Pharmacy Directory

- ❖ IMCare Classic (HMO SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in IMCare Classic (HMO SNP) depends on contract renewal.
- ❖ The provider and pharmacy networks may change throughout the year. We will send you a notice before we make a change that affects you.
- ❖ Benefits and/or copays may change on January 1 of each year.
- ❖ This Directory lists health care professionals (such as doctors, nurse practitioners, and psychologists), and facilities (such as hospitals or clinics) that you may see as an IMCare Classic member. We also list the pharmacies that you may use to get your prescription drugs.
- ❖ We will refer to these groups as “network providers” in this Directory. These providers signed a contract with us to provide you services. This is a list of IMCare Classic’s network providers for our service area which is **ITASCA COUNTY**.
- ❖ You can get this information for free in other formats, such as large print, braille, or audio. Call Member Services at the number at the bottom of this page.
- ❖ You can make a standing request get this information, now and in the future, in a language other than English or in an alternate format, by calling IMCare Member Services at the number at the bottom of the page.

The list is up-to-date as of **03/01/2019**, but you need to know that:

Some IMCare Classic network providers may have been added or removed from our network after this Directory was published.

Some IMCare Classic providers in our network may no longer be accepting new members. If you are having trouble finding a provider who will accept new members, call Member Services at the number at the bottom of this page and we will help you.

- To get the most up-to-date information about IMCare Classic’s network providers in your area, visit www.imcare.org or call Member Services at the number at the bottom of this page. Doctors and other health care professionals in IMCare Classic’s network are listed on pages 16-31. Pharmacies in our network are listed on pages 34-36.

IHS and Tribal facilities/clinics

American Indians can continue or begin to use tribal and Indian Health Services (IHS) clinics. We will not require prior approval or impose any conditions for you to get services at these clinics. For enrollees age 65 years and older, this includes Elderly Waiver (EW) services accessed through the tribe. If a doctor or other provider in a tribal or IHS clinic refers you to a provider in our network, we will not require you to see your health plan primary care provider prior to the referral.

Enrolling in this health plan does not guarantee you can see a particular provider on this list. If you want to make sure, you should call that provider to ask whether he or she is still part of this health plan. You should also ask if he or she is accepting new patients. This health plan may not cover all your health care costs. Read your contract or Member Handbook carefully to find out what is covered.

If you have questions, please call IMCare Classic Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711. Hours of operation: October 1 – March 31, 7 days a week, 8 a.m. to 8 p.m.; April 1 – September 30, Monday - Friday, 8 a.m. to 8 p.m. The call is free. **For more information**, visit www.imcare.org

IMCare Classic (HMO SNP) | 2019 Provider and Pharmacy Directory

Introduction

This *Provider and Pharmacy Directory* includes information about the provider and pharmacy types in IMCare Classic and listings of all the plan’s providers and pharmacies as of the date of this Directory. The listings contain provider and pharmacy address and contact information as well as other details, as applicable, such as days and hours of operation, specialties, and skills. Key terms and their definitions appear in alphabetical order in the last chapter of the *Member Handbook*.

Table of Contents

- A. Disclaimers 7
- B. Background Information about IMCare Classic’s Network Providers 8
 - B1. Key terms 8
 - B2. How to choose a Primary Care Provider/PCP..... 9
 - B3. How to get long-term services and supports (LTSS) 9
 - B4. How to access IMCare Classic’s network providers..... 10
 - B5. How to find IMCare Classic providers in your area 11
- C. IMCare Classic’s List of Network Providers 13
 - C1.Primary Care Physicians, Specialists, Behavior Health Providers Chiropractors, Dental Providers, Vision Care Providers..... 15
 - C2. Hospital and Urgent Care Facilities 29
 - C3. Support Providers – Long Term Services & Suuport 29
- D. Background Information about IMCare Classic’s Network Pharmacies 31
 - D1. Types of pharmacies in IMCare Classic’s network 31
- E. IMCare Classic’s List of Network Pharmacies 32
 - E1. Retail and chain pharmacies..... 33
 - E2. Home infusion pharmacies..... 34
 - E3. Long-term care pharmacies 34
 - E4. Indian Health Service / Tribal / Urban Indian Health Program (I/T/U) pharmacies 35

1-800-843-9536(toll free); TTY 1-800-627-3529 or 711

Attention. If you need free help interpreting this document, call the above number.

የስተውሉ፡ ካለምንም ክፍያ ይህንን ዶኩመንት የሚተረጎምሎ አስተርጓሚ ከፈለጉ ከላይ ወደተጻፈው የስልክ ቁጥር ይደውሉ።

ي الرقم أعلاه، اتصقه الوثيقة مترجمة لاجمة عداسه تدرا ألاحظة: إم.

သတိ။ ဤစာရွက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរសព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သုဉ်ဟ်သးဘဉ်တက့ၢ်. ဖဲနမ့ၢ်လိဉ်ဘဉ်တၢ်မၤစၢၤကလီၤလၢတၢ်ကကျိးထံဝဲဒၣ်လိာ် တီလိာ်မိတခါအံၤန့ၣ်, ကိးဘဉ်လိာ်တဲစိနီၢ်ဂံၢ်လၢထးအံၤန့ၣ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາຍ ຖ້າທາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພຣີ, ຈົ່ງໂທໂປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

Civil Rights Notice

Discrimination is against the law. Itasca Medical Care (IMCare) does not discriminate on the basis of any of the following:

- race
- color
- national origin
- creed
- religion
- sexual orientation
- public assistance status
- age
- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)
- marital status
- political beliefs
- medical condition
- health status
- receipt of health care services
- claims experience
- medical history
- genetic information

Auxiliary Aids and Services: Itasca Medical Care (IMCare) provides auxiliary aids and services, like qualified interpreters or information in accessible formats, free of charge and in a timely manner to ensure an equal opportunity to participate in our health care programs. **Contact** Itasca Medical Care at 1-800-843-9536 (toll-free) or 1-218-327-6188 for more information.

Language Assistance Services: Itasca Medical Care (IMCare) provides translated documents and spoken language interpreting, free of charge and in a timely manner, when language assistance services are necessary to ensure limited English speakers have meaningful access to our information and services. **Contact** Itasca Medical Care at 1-800-843-9536 (toll-free) or 1-218-327-6188 for more information.

Civil Rights Complaints

You have the right to file a discrimination complaint if you believe you were treated in a discriminatory way by Itasca Medical Care (IMCare). You may contact any of the following four agencies directly to file a discrimination complaint.

U.S. Department of Health and Human Services’ Office for Civil Rights (OCR)

You have the right to file a complaint with the OCR, a federal agency, if you believe you have been discriminated against because of any of the following:

- race
- color
- national origin
- age
- disability
- sex

Contact the **OCR** directly to file a complaint:

Director
 U.S. Department of Health and Human Services’ Office for Civil Rights
 200 Independence Avenue SW
 Room 509F
 HHH Building
 Washington, DC 20201
 800-368-1019 (voice)
 800-537-7697 (TDD)
 Complaint Portal: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>

Minnesota Department of Human Rights (MDHR)

In Minnesota, you have the right to file a complaint with the MDHR if you believe you have been discriminated against because of any of the following:

- race
- color
- national origin
- religion
- creed
- sex
- sexual orientation
- marital status
- public assistance status
- disability

Contact the **MDHR** directly to file a complaint:

Minnesota Department of Human Rights
Freeman Building, 625 North Robert Street
St. Paul, MN 55155
651-539-1100 (voice)
800-657-3704 (toll free)
711 or 800-627-3529 (MN Relay)
651-296-9042 (fax)
Info.MDHR@state.mn.us (email)

Minnesota Department of Human Services (DHS)

You have the right to file a complaint with DHS if you believe you have been discriminated against in our health care programs because of any of the following:

- race
- color
- national origin
- creed
- religion
- sexual orientation
- public assistance status
- age
- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)
- marital status
- political beliefs
- medical condition
- health status
- receipt of health care services
- claims experience
- medical history
- genetic information

Complaints must be in writing and filed within 180 days of the date you discovered the alleged discrimination. The complaint must contain your name and address and describe the discrimination you are complaining about. After we get your complaint, we will review it and notify you in writing about whether we have authority to investigate. If we do, we will investigate the complaint.

DHS will notify you in writing of the investigation's outcome. You have the right to appeal the outcome if you disagree with the decision. To appeal, you must send a written request to have DHS review the investigation outcome. Be brief and state why you disagree with the decision. Include additional information you think is important.

If you file a complaint in this way, the people who work for the agency named in the complaint cannot retaliate against you. This means they cannot punish you in any way for filing a complaint. Filing a complaint in this way does not stop you from seeking out other legal or administrative actions.

Contact **DHS** directly to file a discrimination complaint:
Civil Rights Coordinator
Minnesota Department of Human Services
Equal Opportunity and Access Division
P.O. Box 64997
St. Paul, MN 55164-0997
651-431-3040 (voice) or use your preferred relay service

Itasca Medical Care (IMCare) Complaint Notice

You have the right to file a complaint with Itasca Medical Care (IMCare) if you believe you have been discriminated against because of any of the following:

- medical condition
- health status
- receipt of health care services
- claims experience
- medical history
- genetic information
- disability (including mental or physical impairment)
- marital status
- age
- sex (including sex stereotypes and gender identity)
- sexual orientation
- national origin
- race
- color
- religion
- creed
- public assistance status
- political beliefs

You can file a complaint and ask for help in filing a complaint in person or by mail, phone, fax, or email at:

Health Plan Compliance Coordinator
ATTN: Civil Rights Coordinator
Itasca Medical Care (IMCare)
1219 SE 2nd Ave
Grand Rapids, MN 55744-3983
Toll Free: 1-800-843-9536
TTY: 1-800-627-3529 (MN Relay) or 711
Fax: 218-327-5545
Email: imcareoffice@co.itasca.mn.us

American Indian Health Statement

American Indians can continue or begin to use tribal and Indian Health Services (IHS) clinics. We will not require prior approval or impose any conditions for you to get services at these clinics. For elders age 65 years and older this includes Elderly Waiver (EW) services accessed through the tribe. If a doctor or other provider in a tribal or IHS clinic refers you to a provider in our network, we will not require you to see your primary care provider prior to the referral.

This page intentionally left blank

A. Disclaimers

- ❖ This Directory lists health care professionals (such as doctors, nurse practitioners, and psychologists) and facilities (such as hospitals or clinics) that you may see as an IMCare Classic member. We also list the pharmacies that you may use to get your prescription drugs.
- ❖ We will refer to these groups as “network providers” in this Directory. These providers signed a contract with us to provide you services. This is a list of IMCare Classic’s network providers for Itasca County.
- ❖ You can get this document for free in other formats, such as large print, braille, or audio. Call Member Services at the number at the bottom of this page.
- ❖ You can make a standing request get this information, now and in the future, in a language other than English or in an alternate format, by calling IMCare Member Services at the number at the bottom of the page.
- ❖ The list is up-to-date as of **03/01/2019**, but you need to know that:
 - Some IMCare Classic network providers may have been added or removed from our network after this Directory was published.
 - Some IMCare Classic providers in our network may no longer be accepting new members. If you are having trouble finding a provider who will accept new members, call Member Services at the number at the bottom of this page and we will help you.
 - To get the most up-to-date information about IMCare Classic’s network providers in your area, visit www.imcare.org or call Member Services at the number at the bottom of this page. Doctors and other health care professionals in IMCare Classic’s network are listed in Section C on pages 16-31. Pharmacies in our network are listed in Section E on pages 34-36.

B. Background Information about IMCare Classic's Network Providers

B1. Key terms

This section explains key terms you'll see in our *Provider and Pharmacy Directory*.

- **Providers** are health care professionals and support providers such as doctors, nurses, pharmacists, therapists, and other people who provide care and services. **Services** include medical care, long-term services and supports (LTSS), supplies, prescription drugs, equipment and other services.
 - The term providers also includes facilities such as hospitals, clinics, and other places that provide medical services, medical equipment, and long-term services and supports.
 - Providers that are a part of our plan's network are called **network providers**.
- **Network providers** have contracted with us to deliver services to members of our plan. Network providers participate in our plan. That means they accept members of our plan and provide services our plan covers. The providers in our network generally bill us directly for care they give you. When you see a network provider, you usually pay nothing for covered services.
- **A Primary Care Provider (PCP)** is a provider who gives you routine health care. Your **Primary Care Provider/PCP** will keep your medical records and get to know your health needs over time.
- **Specialists** are doctors who provide health care services for a specific disease or part of the body. There are many kinds of specialists. Here are a few examples:
 - Oncologists care for patients with cancer.
 - Cardiologists care for patients with heart conditions.
 - Orthopedists care for patients with certain bone, joint, or muscle conditions.
 - Referrals from your network Primary Care Provider/PCP are not needed for:
 - Emergency care;
 - Urgently needed care;
 - Kidney dialysis services that you get at a Medicare-certified dialysis facility when you are outside the plan's service area;
 - Services from a women's health specialist.

If you have questions, please call IMCare Classic Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711. Hours of operation: October 1 – March 31, 7 days a week, 8 a.m. to 8 p.m.; April 1 – September 30, Monday - Friday, 8 a.m. to 8 p.m. The call is free. **For more information**, visit www.imcare.org

- Open Access Services - These are services for which you can choose any provider even if not in our network. An example of an Open Access Service is screening for sexually transmitted infections.
- Additionally, if you are eligible to get services from Indian health providers, you may see these providers without a referral. We must pay the Indian health provider for those services even if they are out of our plan's network.
- More information on referrals is available in Chapter 3 of the *Member Handbook*.
- You also have access to a **care coordinator**. A **Care Coordinator** helps you manage your medical providers and services.

B2. How to choose a Primary Care Provider/PCP

You can get services from any provider who is in our network and accepting new members.

When you become a member of our plan, you will choose a Primary Care Provider/PCP who is part of our plan network. This provider will be your Primary Care Provider/PCP.

If you did not choose a Primary Care Provider/PCP or would like to make a change to your Primary Care Provider/PCP, go to the list of clinics in Section C on pages 16- 19 and choose a clinic:

that you use now, **or**

who has been recommended by someone you trust, **or**

whose offices are easy for you to get to.

- If you want help in choosing a PCP, please call Member Services at the number at the bottom of this page.
- If you have questions about whether we will pay for any medical service or care that you want or need, call Member Services and ask **before** you get the service or care.

B3. How to get long-term services and supports (LTSS)

You may be able to get long-term services and supports (LTSS), such as services provided by the Elderly Waiver (EW) program as an IMCare Classic member. LTSS help people who need assistance to do everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Most of these services are provided at your home or in your community but could be provided in a nursing home or hospital.

If you have questions, please call IMCare Classic Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711. Hours of operation: October 1 – March 31, 7 days a week, 8 a.m. to 8 p.m.; April 1 – September 30, Monday - Friday, 8 a.m. to 8 p.m. The call is free. **For more information**, visit www.imcare.org

You must have a Long-Term Care Consultation (LTCC) done and be found to be eligible to get additional services or support. You can ask to have this assessment in your home, apartment, or facility where you live.

Your care coordinator will meet with you and your family to talk about your care needs if you call to ask for a visit.

Your care coordinator will give you information about community services, help you find services to stay in your home or community, and help you find services to move out of a nursing home or other facility.

If you need transition planning and coordination services to help you move to the community, you may be eligible to get Moving Home Minnesota (MHM) services. MHM services are separate from EW services, but you must be eligible for EW.

To find out more about these services, see your *Member Handbook*. Call Member Services at the number at the bottom of this page to get more information on how to access these services.

B4. How to access IMCare Classic's network providers

You must get all of your covered services from providers within our network. If you go to providers who are not in IMCare Classic's network (**without prior authorization or approval from us**), **you will have to pay the bill.**

A **prior authorization** is an approval from IMCare Classic before you can get a specific service, drug, or see an out-of-network provider. IMCare Classic may not cover the service or drug if you don't get approval.

The exceptions to this rule are when you need urgent or emergency care or dialysis and cannot get to a provider in the plan, such as when you are away from home.

You can also go outside the plan for other non-emergency services if IMCare Classic gives you permission first.

- You may change providers within the network at any time during the year. If you have been going to one network provider, you do not have to keep going to that same provider.
- IMCare Classic works with all the providers in our network to accommodate the needs of people with disabilities. If you need to see a provider and are not sure if they offer the accommodations you need, IMCare Classic can help you. Talk to your care coordinator for assistance.

If you have questions, please call IMCare Classic Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711. Hours of operation: October 1 – March 31, 7 days a week, 8 a.m. to 8 p.m.; April 1 – September 30, Monday - Friday, 8 a.m. to 8 p.m. The call is free. **For more information**, visit www.imcare.org

B5. How to find IMCare Classic providers in your area

Providers in this directory are divided into sections by type (for example, *Primary Care Clinics, Hospitals, Dental Providers*, etc.). These are listed in the Table of Contents on page 2. In most sections, the providers are listed by county and city. To find a provider in your area in these sections, look for your county and city or one near you and then choose a provider. In the *Providers by Specialty* section, providers are again listed by county then city, then specialty. Look for the specialty subheading you need and then find a provider near you.

How to access out-of-network providers

You generally must receive your care from a network provider. However, you may access care from an out-of-network providers for the following services:

- Emergencies
- Post-stabilization care
- Urgently needed services when our network is not available
- Out-of-area renal dialysis services
- Open access services
- Services approved in advance by us
- Services we denied but that were overturned in an Appeal

If an out-of-network provider asks you to pay for covered services you get in these situations, call Member Services at the phone number at the bottom of this page or write to:

Itasca Medical Care (IMCare)
ATTN: Pharmacy & Service Reimbursement
1219 SE 2nd Ave
Grand Rapids, MN 55744

If the provider should be paid, we will pay the provider directly. We cannot pay you back for most medical bills that you pay. State and Federal laws prevent us from paying you directly. If you paid for a service that you think we should have covered, call Member Services at the phone number at the bottom of the page. **You must submit your claim to us within 90 days** of the date you got the service, item, or drug.

How to access specialty providers

When your primary care provider thinks that you need specialized treatment, you may go to see a specialist or certain other providers within our network.

Our plan is a direct access plan. This means you do not need to get a referral to get services from network providers. For some types of services, you may need to get a Service Authorization. If we are unable to find you a qualified plan network provider, we must give you a standing Service Authorization for you to see a qualified specialist for any of these conditions:

- A chronic (ongoing) condition
- A life-threatening mental or physical illness

If you have questions, please call IMCare Classic Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711. Hours of operation: October 1 – March 31, 7 days a week, 8 a.m. to 8 p.m.; April 1 – September 30, Monday - Friday, 8 a.m. to 8 p.m. The call is free. **For more information**, visit www.imcare.org

- A pregnancy that is beyond the first 3 months (first trimester)
- A degenerative disease or disability
- Any other condition or disease that is serious or complex enough to require treatment by a specialist

If you do not get a Service Authorization from us when needed, the bill may not be paid. You can get additional information on how to access specialty care by calling Member Services at the number at the bottom of this page.

How to get more information about personal care provider organizations (PCPO) and home care agencies

Personal Care Assistance Provider Agencies (PCPAs) are not listed in this Provider and Pharmacy Directory. To find out more about these services, see your Member Handbook. Call Member Services to get more information on how to access these services or to request a listing of providers in our network.

How to find a network pharmacy

The Pharmacy section that lists pharmacy providers is located in Section E page 34 of this directory.

Please refer to the Pharmacy section to find an updated list of pharmacy providers. Or call Member Services at the number at the bottom of this page.

How to determine if a facility is accessible

Providers were asked to complete a questionnaire about accessibility in three areas: parking, entry ways and other relevant spaces, and office exam rooms and equipment. Responses to the questionnaire are included in the provider listings.

If you need more information about access options, you can obtain information by calling Member Services at the number at the bottom of this page. This could include, but is not limited to, information such as availability of flexible hours or wheelchair access.

How to access Interpreter Services

Hearing and language interpreter services are available to help you get services. Oral interpretation can be given to you in your language. You may be able to get written information in your language. You may be able to get written information in your language. You can call Member Services at the phone number listed at the bottom of this page.

If you have questions, please call IMCare Classic Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711. Hours of operation: October 1 – March 31, 7 days a week, 8 a.m. to 8 p.m.; April 1 – September 30, Monday - Friday, 8 a.m. to 8 p.m. The call is free. **For more information**, visit www.imcare.org

C. IMCare Classic's List of Network Providers

This part of the Directory includes a list of IMCare Classic's network providers **who participate in and accept** IMCare Classic. It contains:

- **Health care professionals** including primary care physicians, specialists, mental health and substance use disorder providers (behavioral health), and dentists, chiropractors, and eye care providers;
- **Facilities** including hospitals, nursing facilities, mental health facilities, IHS and Tribal facilities and clinics.

Providers are listed in alphabetical order by last name. In addition to contact information, provider listings also include specialties and skills, for example, such as languages spoken or completion of cultural competence training.

Cultural competence training is additional instruction for our health care providers that help helps them better understand your background, values, and beliefs to adapt services to meet your social, cultural, and language needs.

Providers in this directory are divided into sections by type (e.g., *Primary Care Clinics, Hospitals, Dental Providers*, etc.). These are listed in the Table of Contents on page 2. To find a provider in your area in these sections, look for your county and city and then choose a provider. In the *Providers by Specialty, Ambulatory Surgical Centers and Hospitals*, and *Therapy Providers* sections, providers are listed by county then city. Look for the specialty subheading you need and then find a provider near you.

If you have questions, please call IMCare Classic Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711. Hours of operation: October 1 – March 31, 7 days a week, 8 a.m. to 8 p.m.; April 1 – September 30, Monday - Friday, 8 a.m. to 8 p.m. The call is free. **For more information**, visit www.imcare.org

Information about the following is included in the provider listings:

- Most facilities are accepting new patients, unless noted ***Not accepting new patients.
- *Cultural Comp. Training* means providers have completed cultural competency training in the last 12 months. Cultural competency training, as defined by the Centers for Medicare and Medicaid Services (CMS), is additional instructions for our health care providers that helps them better understand your background, values and beliefs to adapt services to meet your social, cultural and language needs.
If Cultural Competency Training is not noted under a provider, IMCare has not received indication that they have completed the training.
- *ADA Compliant Office*. Accessibility of the provider's office, exam rooms, and/or equipment. For more information about specific accessibility needs, call your provider. The Americans with Disabilities Act (ADA) requires that people with disabilities have equal access to services.
- Languages spoken at the facility.
- Hospital affiliations for primary care clinics.

C1.Primary Care Physicians, Specialists, Behavior Health Providers Chiropractors, Dental Providers, Vision Care Providers

Primary Care Clinics (total of 14 clinics)

CASS COUNTY

REMER

Essentia Health Remer
9 Birch Street
Remer, MN 56672
218-566-1441

Hospital Affiliation:
Essentia Health Deer River
Cultural Comp. Training
Accessible office and exam room

Family Practice Providers:

Durie, Kjerstin PA
Hedin, Paula MD
Hoffman, BD Kion MD
Howard, Thomas MD
Kongsjord, Shana CNP
Mell, Kathryn MD
Nichols, Danika CNP
Redland, Kelsey MD
Waage, Tasha CNP
Zupan, Nancy CNP
Cardiology Provider:
Teasck, Anthony CNP

ITASCA COUNTY

BIG FALLS

Scenic Rivers Health Services
410 Second St. NW
Big Falls, MN 56627
218-276-2403

Hospital Affiliation:
Bigfork Valley Hospital
Accessible office and exam rooms

Family Practice Providers:

Anderson, Edwin MD
Dahlquist, Jeffrey PA
Drake, Kari PA
Harmon, Lisa MD
Mann, Chelsea MD
Myers Wolfson, Barret MD
Scrivner, Jeffrey MD
Scrivner, Eric MD
Weddle, Allison CNP

BIGFORK

Scenic Rivers Health Services
135 Pine Tree Drive
Bigfork, MN 56628
218-743-3232

Hospital Affiliation:
Bigfork Valley Hospital
Accessible office and exam room

Family Practice Providers:

Anderson, Edwin MD
Dahlquist, Jeffrey PA
Drake, Kari PA
Mann, Chelsea MD
Myers Wolfson, Barret MD
Scrivner, Eric MD
Scrivner, Jeff MD
Weddle, Allison CNP

BOVEY

Bigfork Valley Clinic Balsam
41150 Scenic Highway 7
Bovey, MN 55709
218-245-2610.

Hospital Affiliation:
Bigfork Valley Hospital
Accessible office and exam room

Family Practice Provider:
Drake, Kari PA

DEER RIVER

Essentia Health Deer River
115 10th Avenue NE
Deer River, MN 56636
218-246-8275

Hospital Affiliation:
Essentia Health Deer River
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:
Spanish

Essentia Health Deer River (cont.)

Family Practice Providers:

Durie, Kjerstin PA
Garshelis, Judy CNP
Hedin, Paula MD
Hoffman, BD Kion MD
Howard, Thomas MD
Jacobson, Jana CNP
Kongsjord, Shana CNP
Nichols, Danika CNP
Redland, Kelsey MD
Waage, Tasha CNP
Zupan, Nancy CNP

Cardiology Provider:

Teasck, Anthony CNP

Gerontology:

Karissa Schultz CNP

Orthopaedic Surgery Providers:

Palkert, Diane MD

GRAND RAPIDS

Grand Itasca Clinic & Hospital
1601 Golf Course Road
Grand Rapids, MN 55744
218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Cardiology Providers:

Brody, Daniel DO
Conner, Kristina CNP

Chiropractic Providers:

Soular, Linnea DC
Warne, Eric DC

Primary Care Clinic Listings

Itasca County|

GRAND RAPIDS

Grand Itasca Clinic & Hospital (cont.)

Family Practice Providers:

Berg, Tamar PA
Bruemmer, Sara CNP
Carey, Jodie CNP
Carlin-Janssen, Patricia MD
Carlisle, Jack MD
 Carlson, Jeremy MD
 Cleary, Cathy MD
 Cole-Anthony, Cary MD
Imholte, Philip MD
Liebe, Michael MD
Oja, Jennifer PA
Olson, Dawn CNP
Overbye, Michelle CNP
Pehl, Timothy MD
Radovich, Terri MD
Rutherford, William MD
Smestad, Danielle CNP
Soltis, Shelly DO
Soular, Daniel MD
Tofte, Anne MD
Youngdahl-Palacek, Antoinette MD

General Surgery:

Germescheid, Jonathan MD
Kole, John MD
Owens, Lisa MD
Olson, Shawn MD

Gerontology

Saino, Laura CNP

Internal Medicine:

Fowler, Marc MD
Holl, Stacy DO
Murphy, Keith MD
Skaudis, Darin MD
Villeneuve, Rosetta CNP

OB/GYN:

Beyer, Derek MD
Johnson, Kathryn MD
Johnson, Scott MD

Urology:

Novak, Ryan MD

Essentia Health Grand Rapids

1542 Golf Course Road Suite 203
Grand Rapids, MN 55744
218-999-7000

Hospital Affiliation:

Essentia Health Deer River
*Cultural Comp. Training
Accessible office, exam
room and equipment*

Languages:

Spanish, Sign Language

Family Practice Providers:

Durie, Kjerstin PA
Fultz, Janna CNP
Gustafson, Natalie CNP
Kongsjord, Shana CNP
Lund, Jared MD
Nichols, Danika CNP
Redland, Kelsey MD
Waage, Tasha CNP
Witt, Thomas MD

Cardiology Provider:

Teasck, Anthony CNP

NASHWAUK

Fairview Mesaba Clinic

402 Platt Avenue East
Nashwauk, MN 55769
218-885-2858

Hospital Affiliation:

University Medical Center Mesabi
*Cultural Comp. Training
Accessible office and
exam room*

Languages:

Sign Language

Family Practice Providers:

Clusiau, Kathryn PA
Thompson, Brian MD

Podiatry:

Helland, Stacey DPM

General Surgery:

Smith, Wendell MD

NORTHOME

Scenic Rivers Health Services

12052 Main Street
Northome, MN 56661
218-897-5222

Hospital Affiliation:

Bigfork Valley Hospital
*Cultural Comp. Training
Accessible office, and exam
room*

Family Practice Providers:

Cease, Jill CNP
Dahlquist, Jeffrey PA
Drake, Kari PA
Mann, Chelsea MD
Myers Wolfson, Barret MD
Scrivner, Jeff MD
Weddle, Allison CNP

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Primary Care Clinic Listings

St. Louis County

CHISHOLM

Essentia Health Chisholm

400 NW 1st Street
Chisholm, MN 55719
218-254-3391

Hospital Affiliation:

University Medical Center Mesabi
*Cultural Comp. Training
Accessible office, exam
room*

Family Practice Providers:

Durie, William MD

COOK

Scenic Rivers Health Services

20 5th Street SE
Cook, MN 55723
218-666-5941

Hospital Affiliation:

Bigfork Valley Hospital
*Accessible office and exam
room*

Family Practice Provider:

Anderson, Edwin MD
Elleby, Eric MD
Garbisch, Bruce MD
Hadrava, Emily CNP
Holmes, Matthew MD
Lantry, Stephanie CNP
Tietz, Charles MD
Vidor, Nicholas MD
Weddle, Allison CNP

HIBBING

Essentia Health Hibbing

730 East 34th St
Hibbing, MN 55746
218-262-3425

Hospital Affiliations:

University Medical Center Mesabi
*Cultural Comp. Training
Accessible office, exam room
and equipment*

Family Practice Providers:

Baldwin, Jan Linse MD
Durie, William MD
Golzales, Anthony MAD
Gonzales, Joylynn MD
Grahek, Patricia MD
Pederson, Jennifer MD
Thompson, Kim CNP

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
*Cultural Comp. Training
Accessible office, exam
room and equipment*

Chiropractor Providers:

Hildenbrand, Jay DC

Ear, Nose & Throat Providers:

Fredrickson, Kristin DO
Ruud, Tara PA

Family Practice Providers:

Antonich, Jeanne CNP
Bigelow, Kimberly MD
Clusiau, Kathryn PA
Couture Knuti, Janice CNP
Copeman, Jeffrey MD
Flaim, Anne PA
Kappela, Kasey MD
McDonald, Amanda MD
Middlestead, Deb CNP
Moberg, Joni CNP
Petroski, Shannon CNP
Rudberg, R. Jon MD
Rudberg, Susan MD
Salminen, Jennifer CNP
Slattery, Shannon CNP
St. George, Teresa MD
Swanson, Dara CNP
Thompson, Brian MD
Versich, Mark MD
Wallis, Colleen PA

Podiatry:

Helland, Stacey DPM

General Surgeons:

Haigh, Jacquelyn CNS
Hanson, Sandra MD
Hwang, Richard MD
Lucarelli, Joseph MD
Skaja, Joseph MD
Smith, Wendell MD
Williams, Michael DO

Internal Medicine Providers:

Bastianelli, Anthony DO
Hoppe, Theodore DO

OB/GYN Providers:

Bong, Henry MD
Jones, Elizabeth MD
Meyer, Lane MD
Tuthill, Amy CNP

Oncology Providers:

Pettinelli, Kimberly CNP
Provatas, Anastas MD

Orthopaedic Providers:

Denoncourt, Paul MD
Hise, Leo MD
Lockard, Caitlin PA

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Primary Care Clinic Listings

St. Louis County

Hibbing Family Medical Clinic

1120 E 24th St

Hibbing, MN 55746

218-362-7100

Hospital Affiliations:

University Medical Center

Mesabi

Accessible office and exam room

Languages:

Spanish

Family Practice Providers:

Cardwell, Mitchell DO

Dworzynski, Christine CNP

Hilde-Philips, Amy MD

Loo, Thomas MD

Turner, Stephen DO

Wagner, Mark MD

MOUNTAIN IRON

Fairview Mesaba Clinic

8469 Enterprise Drive South

Mountain Iron, MN 55768

218-741-2250

Hospital Affiliation:

University Medical Center

Mesabi

Cultural Comp. Training

Accessible office and exam room

Languages:

Sign Language

Family Practice Providers:

Couture-Knuti, Janice CNP

Flaim, Anne CNP

St. George, Teresa MD

Podiatry:

Helland, Stacey DPM

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

MINNESOTA

BEHAVIORAL HEALTH

See *Behavioral Health Providers* section on page 23

CARDIOLOGY

DEER RIVER

Essentia Health Deer River

115 10th Avenue NE Deer River, MN 56636
218-246-8275

Hospital Affiliation:

Essentia Health Deer River
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Cardiology Provider:

Teasck, Anthony CNP

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Road
Grand Rapids, MN 55744
218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Cardiology Providers:

Brody, Daniel DO
Conner, Kristina CNP

REMER

Essentia Health Remer

9 Birch Street
Remer, MN 56672
218-566-1441

Hospital Affiliation:

Essentia Health Deer River
Cultural Comp. Training
Accessible office and exam room

Cardiology Provider:

Teasck, Anthony CNP

CHIROPRACTIC

See *Chiropractic Providers* section on page 27

DENTAL

See *Dental Providers* section on page 28

EAR, NOSE & THROAT

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Providers:

Fredrickson, Kristin DO
Ruud (Eskelson), Tara PA

FAMILY PRACTICE

See *Primary Care Providers* section on page 16

GERONTOLOGY

DEER RIVER

Essentia Health Deer River

115 10th Avenue NE Deer River, MN 56636
218-246-8275

Hospital Affiliation:

Essentia Health Deer River
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Geriatric Provider:

Schultz, Karissa CNP

GERONTOLOGY (cont.)

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Road
Grand Rapids, MN 55744
218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Gerontology

Saino, Laura CNP

INTERNAL MEDICINE

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Road
Grand Rapids, MN 55744
218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Providers:

Fowler, Marc, MD
Holl, Stacy, DO
Murphy, Keith, MD
Skaudis, Darin, MD
Villeneuve, Rosetta, GNP

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Providers:

Bastianelli, Anthony, DO
Hoppe, Theodore, DO

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

OBSTETRICS & GYNECOLOGY

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Road
Grand Rapids, MN 55744
218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Providers:

Beyer, Derek MD
Johnson, Kathryn MD
Johnson, Scott MD

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Providers:

Bong, Henry MD
Jones, Elizabeth MD
Meyer, Lane MD
Tuthill, Amy CNP

ONCOLOGY

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Providers:

Pettinelli, Kimberly CNP
Provatas, Anastas MD

OPTOMETRY

See *Eye Care Providers* section on page 29

ORTHOPAEDICS

DEER RIVER

Essentia Health Deer River

115 10th Avenue NE Deer River, MN 56636
218-246-8275

Hospital Affiliation:

Essentia Health Deer River
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Provider:

Palkert, Diane MD

GRAND RAPIDS

Northern Pines Orthopaedic Clinic

Cultural Comp. Training
Accessible office, exam room and equipment

111 Golf Course Road
Grand Rapids, MN 55744
218-326-6677

Providers:

Baker, Daniel, MD
Temple, Jeff NP

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Providers:

Denoncourt, Paul MD
Hise, Leo MD
Lockard, Caitlin PA

PODIATRY

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Provider:

Helland, Stacey, DPM

MOUNTAIN IRON

Fairview Mesaba Clinic

8469 Enterprise Drive South
Mountain Iron, MN 55768
218-741-2250

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office and exam room

Languages:

Sign Language

Provider:

Helland, Stacey DPM

SURGERY

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Road
Grand Rapids, MN 55744
218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Providers:

Germescheid, Johathan MD
Kole, John MD
Olson, Shawn MD
Owens, Lisa MD

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

SURGERY(cont.)

GRAND RAPIDS

Itasca Surgical Clinic

520 NW 1st Ave, Ste 5
Grand Rapids, MN 55744 218-327-7973

Accessible office

Providers:

Margo, Daniel MD
Church, Carol CNS

Lakewood Surgery Center

1542 Golf Course Road #105
Grand Rapids, MN 55744 218-326-3937

Accessible office

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office, exam room and equipment

Hibbing, MN 55746
218-262-3441

Providers:

Haigh, Jacquelyn CNS
Hanson, Sandra MD
Hwang, Richard MD
Lucarelli, Dustin MD
Skaja, Joseph MD
Smith, Wendell MD
Williams, Michael DO

SURGERY(cont.)

NASHWAUK

Fairview Mesaba Clinic

402 Platt Avenue East
Nashwauk, MN 55769
218-885-2858

Hospital Affiliation:

University Medical Center Mesabi
Cultural Comp. Training
Accessible office and exam room

Languages:

Sign Language

Provider:

Smith, Wendell MD

UROLOGY

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Road
Grand Rapids, MN 55744
218-326-5000

Hospital Affiliation:

Grand Itasca Hospital
Cultural Comp. Training
Accessible office, exam room and equipment

Languages:

Spanish

Provider:

Novak, Ryan MD

You may receive services from any of the providers on this list.
All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

Behavioral Health Providers

(Includes Mental Health and Chemical Dependency providers) (Total of 33 clinics)

IMCare uses a network of chemical dependency treatment providers. **A Rule 25 assessment performed by a qualified CD assessor from your county or tribe must be completed prior to receiving Chemical Dependency Treatment services.** For more information call Member Services at the number listed at the bottom of the page.

Minnesota | **Itasca County**

BIGFORK

Scenic Rivers Health Services

135 Pine Tree Drive
Bigfork, MN 56628
218-743-3232

Accessible office and exam room

Providers:

Olds, Jeffrey LICSW

DEER RIVER

Providence Psychiatry Services

708 Division Street
Deer River, MN 56636
218-246-6286

Cultural Comp. Training

Accessible office and exam room

Provider:

Vaneps, Jean CNP

Stapleton Psychological Services

1006 Comstock Drive
Deer River, MN 56636
218-259-0747

Accessible office and exam room

Provider:

Stapleton, Kenneth LP

GRAND RAPIDS

Anderson Jore Counseling

1749 2nd Avenue SE
Grand Rapids, MN 55744
218-326-9781

Accessible office and exam room

Providers:

Anderson, Mark LPCC

Jore Anderson, Renee LMFT

Embrace Mental Health, LLC

10 NW 5th St. Ste. 3
Grand Rapids, MN
55744

218-297-0055

Provider:

Dafoe-Butler, Dana LMFT

J. Hill Psychological Services

201 NW 4th Street Suite 7
Grand Rapids, MN 55744
218-999-7552

Accessible office

Providers:

Hill, Janine LMFT

Lakeview Behavioral Health

20 NW 3rd Street
Grand Rapids, MN 55744
218-327-2001

Accessible office and exam room

Providers:

Butler, Dana LMFT

Dewey, Louise CNP

Englund, Stacy LICSW

Johnson, Thomas CNP

Riggs, Lisa CNP

Weidendorf, Melissa LPCC

Linnihan, Mary LP

501 Pokegama Ave S, Suite 4
Grand Rapids, MN 55744
218-244-9414

Meyer, Lois LMFT

419 Timberline Circle
SW Grand Rapids, MN
55744 218-327-7267

Modern M.O.J.O., LLC

28 4th Street NW, Suite A
Grand Rapids, MN 55744
218-999-7750

Cultural Comp. Training

Accessible office and exam room

Providers:

Alaspa, Krista CNP

Shimek, Mandi LPCC

Zimmerman-Deschepper, Tracy
CNP

NHS-Northstar Specialized Services

501 Pokegama Ave, Suite 3
Grand Rapids, MN 55744
218-254-5757

Provider:

Hoelscher, Gordon LICSW

North Homes, Inc

1880 River Road
Grand Rapids, MN 55744
218-327-3000

Cultural Comp. Training

Accessible office and exam rooms

Providers:

Corradi, Lisa LICSW

DelGreco, Rochelle LICSW

Farnsworth, Donald LP

Faver, Richard LP

Kujawa, Lindsay PhD, LP

Lach, Rachel LPCC

Mallum, Amy LICSW

McCaughtry, Floyd LICSW

Rubesh, Kathleen LICSW

Schackman, Cynthia CNP

Sheppard, Jennifer LICSW

Stitt, Marissa LPCC

Riggs, Lisa APRN, CNP, LLC

1619 Mishawaka Rd.
Grand Rapids, MN 55744
218-999-9908

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

Behavioral Health Providers(cont.)

GRAND RAPIDS

Northland Counseling Center

215 SE 2nd Avenue
Grand Rapids, MN
55744 218-326-1274
Cultural Comp. Training
Accessible office

Providers:

Alstad, Jennifer LMFT
Baratto, Angela LPCC
Bilyeu, Kirstiane LICSW
Heitzman, Jean LICSW
Kefalas, Thomas MD
Litchke, Tabbatha LPCC
Nelson, Bradley LP
Nelson, Dannielle CNP
Pellerito, Angela CNP
Pereira, Ana LMFT
Shimek, Mandi LPCC
Troumbly, Laurie LPCC
Wallaker, Brea LICSW
White, John LMFT
Worrath, Brandi LPCC

Pamela Johnson LP

501 Pokegama Ave S, Suite 4
Grand Rapids, MN 55744
218-327-9336

Restoration Counseling & Psychological Services

10 1/2 NW 3rd
Street PO Box 337
Grand Rapids, MN 55744
218-327-0887

Providers:

Rhodes, Heather LP

Stapleton Psychological Services

21 NE 5th Street, Suite 100
Grand Rapids, MN 55744
218-326-5694

Providers:

Stapleton, Kenneth LP

Stenlund Psychological Services

1425 E Hwy 169
Grand Rapids, MN 55744
218-327-8937

Provider:

Stenlund, Bryan LP

Thomas Counseling & Wellness Center, LLC

421 NE 9th Avenue
Grand Rapids, MN
55744

218-302-4468

Providers:

Thomas, Cindy Lee LICSW
Rinne, Michelle LP

Toonstra Psychological Services

107 SE 10th Street Unit 102
Grand Rapids, MN 55744
218-259-7424

Provider:

Toonstra, Martin (Jeff) LP

Doctor V, LLC

2022 Cromwell Dr.
Grand Rapids MN
55744 218-398-3502

Accessible office and exam room

Providers:

Vietanen, Mischelle LP

Victoria Beck LLC

1749 SE 2nd Avenue
Grand Rapids, MN 55744
218-259-0747

Well PLLC

801 4th Street
Grand Rapids, MN 55744
218-999-9660

Providers:

Christian, James LMFT
Flood, Lauren LMFT
Scally, Linh LICSW

NASHWAUK

Northern Perspectives Psychological Services

Accessible office
430 Pearson Ave.
Nashwauk, MN 55769
218-301-1010

Providers:

Othon, Victoria LP
Roth, Shosty PA
Vitelli, Joann LP
Winterfeldt, Melanie LICSW

NORTHOME

Scenic Rivers Health Services

Accessible office and exam room
12052 Main Street
Northome, MN 56661
218-897-5222

Providers:

Olds, Jeffrey LICSW

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

Behavioral Health Providers(cont.)

ST. LOUIS COUNTY

COOK

Scenic Rivers Health Services

20 5th Street SE Cook, MN
55723 218-666-5941

Accessible office and exam room

Providers:

Lantry, Stephanie LICSW
Olds, Jeffrey LICSW

HIBBING

Calla PLC

2602 W 1st Ave
Hibbing, MN 55746
218-263-3360

Cultural Comp. Training

Accessible office and exam room

Provider:

Hill, Allison CNP

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441

Cultural Comp. Training

Accessible office and exam room

Providers:

Alaspa, Krista CNP
Breitbarth, Steven LMFT
Eliason, Misty MD
Larson, Janet CNP
Maxwell, Laura LICSW
Overlee, Debra LICSW
Patterson, April NP
Porcello, Valerie CNP
Silverstri-Adamich, Lisa LICSW
Thronson, Laura LPCC
White, Chandra NP
Woelper, Angela CNP

Heartwood Center for Child and Family Therapy, LLC

302 E Howard St Suite 118
Hibbing MN 55746

218-263-1347

Accessible office

Providers:

Cesari, Maria LICSW
Kendall, Jennifer LMFT

J. Hill Psychological Services

302 Howard St.
Hibbing MN 55746
218-999-7552

Provider:

Hill, Janine LMFT

Kind Mind Counseling

3105 E Beltline Hwy., Ste. 16
Hibbing, MN 55746

218-969-4286

218-263-5949

Accessible office

Providers:

Haapala, Charlene LICSW
Jotter, Marmie LICSW

Lakeview Behavioral Health

2729 E 13th Ave.
Hibbing, MN 55746

218-293-4789

Cultural Comp. Training

Accessible office

Providers:

Englund, Stacey LICSW
Johnson, Tom CNP
Riggs, Lisa CNP

Range Mental Health Center

3203 West 3rd Ave.

Hibbing, MN 55746

218-263-9237

888-344-9237

Cultural Comp. Training

Accessible office and exam room

Providers:

Erie, Kristin LICSW
Marshall, Marianne LMFT
Zupancich, Brooke LPCC

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Chemical Dependency Providers

ITASCA COUNTY

GRAND RAPIDS

Hope House
Accessible office
2002 Cromell Dr
LaPrairie, MN 55744
218-326-1443

**Lakeplace Retreat
Center**
Accessible office
25704 County Road 338
Bovey, MN 55709
218-245-1395

North Homes, Inc
1880 River Road
Grand Rapids, MN
55744 218-327-3000
Cultural Comp. Training
Accessible office

Providers:
Corradi, Lisa LICSW
DelGreco, Rochelle LICSW
Farnsworth, Donald LP
Faver, Richard LP
Lach, Rachel LPCC
Mallulm, Amy LICSW
McCaughtry, Floyd LICSW
Rubesh, Kathleen LICSW
Sheppard, Jennifer LICSW

Northland Recovery Center
Cultural Comp. Training
Accessible office
1215 SE 7th Avenue
Grand Rapids, MN
55744 218-327-1105

Pear Lake Women's Program
2086 Ridgeway Dr
Grand Rapids, MN 55744
218-327-9944

Lakeview Behavioral Health
516 South Pokegama Avenue
Grand Rapids, MN 55744
218-327-2001

ST. LOUIS COUNTY

HIBBING

Range Mental Health Center
Accessible office
3203 West 3rd Avenue
Hibbing, MN 55746
218-263-9237
888-344-9237

Providers:
DelGreco Kathleen, LICSW
Erie, Kristin LICSW
Krebsbach, Janice LICSW
Kresien, Timothy LICSW

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

Chiropractic Providers (total of 13 clinics)

ITASCA COUNTY

BIGFORK

Bigfork Valley Hospital

258 Pine Tree Drive
Bigfork, MN 56628
218-743-4340
*Accessible office, exam room
and equipment*

Chiropractor:

Olson, Harold (Mike) DC

Itasca Chiropractic Center

Located in the Splitting Tree
Mall Bigfork, MN 56628
218-326-1732
Accessible office and exam room

Chiropractor:

Anderson, Donald DC

BOVEY

Bergren Family Chiropractic

23465 County
Road 8 Bovey,
MN 55709 218-
245-2176
*Accessible office and exam
room*

Providers:

Bergren, Jerrad DC

GRAND RAPIDS

Davis Chiropractic Health & Wellness

204 NW 5th Street
Grand Rapids, MN
55744 218-326-1804
*Cultural Comp.
Training*

Accessible office

Chiropractor

Davis, Ryan
DC
Joki, John DC

Denver Chiropractic Clinic

107 SE 10th Street
Grand Rapids, MN
55744 218-326-0071
*Accessible office and exam
room*

Chiropractor:

Denver, Gregory DC

Grand Itasca Clinic & Hospital

111 SE 3rd Street
Grand Rapids, MN
55744 218-326-5000
*Cultural Comp.
Training*

*Accessible office, exam
room and equipment*

Chiropractor:

Soular, Linnea DC

Grand Rapids Chiropractic

1415 E Highway 169
Grand Rapids, MN
55744 218-326-1030
*Accessible office and exam
room*

Chiropractor:

Hebrink, Tanya DC

Gunnerson Chiropractic

1325 NW 4th Street Suite
200 Grand Rapids, MN
55744 218-326-4022
*Accessible office and exam
room*

Chiropractor:

Gunnerson, Lane DC

Itasca Chiropractic Center

823 NE 4th Street
Grand Rapids, MN
55744 218-326-1732
*Accessible office and exam
room*

Chiropractor:

Anderson, Donald DC

McBride Chiropractic Clinic

1751 2nd Avenue SE Suite 3
Grand Rapids, MN 55744
218-326-2828
Accessible office and exam room

Chiropractors:

Bulson, Andrea DC
McBride, R. Scott DC

Gary D. Wheelock, DC

605 4th Street NW
Grand Rapids, MN 55744
218-326-2714
Accessible office and exam room

ST. LOUIS COUNTY

HIBBING

Fairview Mesaba Clinic

3605 Mayfair Avenue
Hibbing, MN 55746
218-262-3441
*Cultural Comp. Training
Accessible office and exam room*

Chiropractor:

Hildenbrand, Jay DC

Quirk Chiropractic Clinic

1406 E 40th Street
Hibbing, MN 55746
218-262-1880
*Cultural Comp. Training
Accessible office and exam room*

Chiropractor:

Quirk, Michael DC

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance

(Medicaid).

Providers By Specialty

Dental Providers (total of 16 clinics)

ITASCA COUNTY

BIGFORK

Bigfork Dental Clinic

303 Main Ave.

Bigfork, MN 56628

218-743-3600

Accessible office and exam room

Dentists:

Corrin, Lucy DDS

Sushoreba, Duane

DDS

Talberg, Michael DDS

Wightman, Robert DDS

COLERAINE

Anderson Family Dental

209 McLean Avenue

Coleraine, MN 55722

218-245-1278

Dentist:

Anderson, Jordan DDS

Accessible office and exam room

Cedar Ridge Dental Centre

303 Powell Avenue

Coleraine, MN 55722

218-245-2451

****No New Patients*

Accessible office and exam room

Dentists:

Schroeder, Barbar, DDS

Schroeder, Matthe, DDS

DEER RIVER

Carter, Jeffery L DDS

111 Main Street

Deer River, MN

56636 218-246-8200

Accessible office and exam room

GRAND RAPIDS

Bolz, Jeffrey N DDS

512 1st Avenue NE

Grand Rapids, MN

55744 218-326-3240

Accessible office

Grand Dental Center

1604 Golf Course Road

Grand Rapids, MN 55744

218-326-0339

Accessible office and exam room

Dentists:

Johnson, Lisa DDS

McBride, Leann DDS

Grand Rapids Dental Care

220 SE 21st Street

Grand Rapids, MN 55744

218-326-3438

Accessible office

Dentists:

Buchert, Rache, DDS

Hagley, Michae, DDS

Jess, Lee D DDS

501 South Pokegama Suite 101

Grand Rapids, MN 55744

218-326-3231

Accessible office and exam room

Johnson, James DDS

512 NE 1st Avenue Grand

Rapids, MN 55744

218-326-2531

Accessible office and exam room

Miskovich Dental Clinic PC

1121 SE 4th Avenue

Grand Rapids, MN 55744

218-326-3437

Accessible office

Dentists:

Miskovich, Mike DDS

Miskovich, Peter DDS

Northern Lakes Dental

520 5th Street NW

Grand Rapids, MN 55744

218-326-2901

Accessible office and exam room

Dentists:

Cargill, Kathryn DDS

Hallie, Erick DDS

Ihle, Jacob DDS

Rowell Family Dentistry

510 2nd Avenue NW

Grand Rapids, MN 55744

218-326-1266

Accessible office

Dentist:

Rowell, Stephanie DDS

Rowell, Bryon G. DDS

Schroeder Family Dentistry

403 NE 5th Avenue

Grand Rapids, MN 55744

218-326-9051

Accessible office and exam room

Schroeder, Barbara DDS

Schroeder, Matthew DDS

West Range Dental Clinic

1043 E Highway 169

Grand Rapids, MN 55744

218-326-2560

Accessible office

Dentist:

Rostvold, James DDS

NASHWAUK

Up North Dental

210 Central Avenue

Nashwauk, MN 55769

218-885-9921

Accessible office and exam room

Dentist:

Specht, CJ (Charity)DDS

ST. LOUIS COUNTY

COOK

Scenic Rivers Health Services

12 South River St

Cook, MN 55723

218-666-5958

Accessible office

Dentists:

Corrin, Lucy DDS

Rezk, Ehab DDS

Spouls, Timothy DDS

Sushoreba, Duane DDS

Talberg, Michael DDS

Wightman, Robert DDS

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

Providers By Specialty

Eye Care Providers (total of 8 clinics)

ITASCA COUNTY

GRAND RAPIDS

John L. Bonner Eye Clinic

1542 Golf Course Rd Suite 201
Grand Rapids MN 55744
218-326-7260

Accessible office and exam room

Ophthalmologist:

Mariano, M. Jerry MD

Optometrists:

Haugeberg, Amy OD
Young, Michael OD

Eye Care Clinic

15 NE 5th Street
Grand Rapids MN 55744
218-327-1148

Accessible office and exam room

Optometrists:

Perrot, Richard OD
Tabbert, Corey OD

Eye Fashions Optical Shoppe

202 NW 1st Ave
Grand Rapids MN 55744
218-326-0358

Accessible office and exam room

Optometrist:

Schlauderaff, Larry OD

Eye Q Optometric Clinic

201 NW 4th St Suite 109
Grand Rapids MN 55744
218-326-9619

Cultural Comp. Training

Accessible office

Optometrist:

Dalen, Darwin OD

Vision Optical

710 Pokegama Ave. S
Grand Rapids MN 55744
218-326-1775

Optometrist:

Dubbels, Paul OD
Accessible office

Vision Pro

3150 S Pokegama Ave Suite 103
Grand Rapids, MN 55744
218-327-0700

Cultural Comp. Training

Accessible office and exam room

Optometrist:

Wilson, Quang OD

ST. LOUIS COUNTY

HIBBING

John L. Bonner Eye Clinic

3605 Mayfair Ave Suite 2150
Hibbing MN 55746
218-262-3156

Accessible office and exam room

Ophthalmologist:

Mariano, M. Jerry MD

Optometrists:

Haugeberg, Amy OD
Young, Michael OD

Dr. Ernest T. Williams Jr.

2932 1st Ave.
Hibbing MN 55746
218-262-5686

Accessible office and exam room

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

C2. Hospital and Urgent Care Facilities

Hospitals

(Total of 4 facilities)

ITASCA COUNTY

BIGFORK

Bigfork Valley Hospital

258 Pine Tree drive
Bigfork, MN 56628
218-743-3177

Cultural Comp. Training

Accessible office, exam room and equipment

DEER RIVER

Essentia Health

115 10th Ave NE
Deer River, MN 56636
218-246-2900

Cultural Comp. Training

Accessible office, exam room and equipment

Languages:

Spanish

GRAND RAPIDS

Grand Itasca Clinic & Hospital

1601 Golf Course Rd
Grand Rapids MN 55744
218-326-3401

Cultural Comp. Training

Accessible office, exam room and equipment

Languages:

Spanish

ST. LOUIS COUNTY

HIBBING

University Medical Center Mesabi

750 East 34th St
Hibbing MN 55746
218-262-4881

Cultural Comp. Training

Accessible office, exam room and equipment

Languages:

Finnish

Greek

Urgent Care/Rapid Clinic

(Total of 3 facilities)

ITASCA COUNTY

GRAND RAPIDS

Essentia Health Grand Rapids

1542 Golf Course Road Suite 203
Grand Rapids, MN 55744
218-999-7000

Accessible office, exam rooms and equipment

Hospital Affiliation: Essentia Health Deer River

Hours of Operation: Monday &

Thursday 5:00 - 8:00

Saturday 9:00 - 1:00

***Hours are subject to change**

Rapid Clinic

1601 Golf Course Road Grand Rapids,
MN 55744 218-326-3401

Cultural Comp. Training

Accessible office, exam rooms and equipment

Hospital Affiliation:

Grand Rapids Clinic & Hospital

Hours of Operation:

Monday-Sunday 10:00 - 8:00

Memorial Day, July 4th & Labor Day 10:00 - 8:00

Christmas Eve and New Year's Eve 10:00 - 2:00

CLOSED:

New Year's Day, Easter, Thanksgiving,
Christmas Day

***Hours are subject to change**

ST. LOUIS COUNTY

HIBBING/ 55746

HIBBING

Fairview University Medical Center - Mesabi

750 E 34th Street Hibbing, MN
55746 218-262-4881
888-870-8626

Cultural Comp. Training

Accessible office, exam rooms and equipment

Hospital Affiliation: Fairview University

Medical Center – Mesabi

Hours of Operation:

Monday - Sunday 9:00 - 10:00

***Hours are subject to change**

You may receive services from any of the providers on this list.

All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).

C3. Support Providers – Long-Term Services and Supports (LTSS)

Attention: IMCARE Classic members. For a full list of providers, and/or information on how to access these services, please contact your care coordinator or IMCare Member Services at 218-327-6188 or toll free at 1-800-843-9536. Or one the IMCare website at www.imcare.org.

IMCare Classic uses the DHS Open Network for some long-term services and supports. For a list of Elderly Waiver services and providers available for Tier 1 Services and Tier 2 services, go to the Minnesota Help Info website at <http://www.minnesotahelp.info/public/>.

Nursing Facilities & Skilled Nursing Facilities (total of 4 facilities)

ITASCA COUNTY

BIGFORK

Bigfork Valley Communities

258 Pine Tree Drive
Bigfork, MN 56628
218-743-3174

GRAND RAPIDS

Evergreen Terrace

2801 S Highway 169
Grand Rapids, MN 55744
218-326-3431

DEER RIVER

Essentia Health Homestead Rehabilitation & Living Center

1053 Comstock Drive
Deer River, MN 56636
218-246-3007

Grand Village & Lodge

923 Hale Lake Pointe
Grand Rapids, MN 5
218-326-0543

*You may receive services from any of the providers on this list.
All providers in this Directory accept both Medicare and Medical Assistance (Medicaid).*

D. Background Information about IMCare Classic's Network Pharmacies

This part of the Directory provides a list of pharmacies in IMCare Classic's network. These network pharmacies are pharmacies that have agreed to provide prescription drugs to you as a member of the plan.

We also list pharmacies that are in our network but are outside our service area. You may also fill your prescriptions at these pharmacies. Please contact IMCare Classic at the number at the bottom of this page.

- IMCare Classic members must use network pharmacies to get prescription drugs.
 - You must use network pharmacies except in emergency or urgent care situations.
 - If you go to an out-of-network pharmacy for prescriptions when it is not an emergency, you will have to pay out-of-pocket for the service. Read the IMCare Classic *Member Handbook* for more information.
- Some network pharmacies may not be listed in this Directory.
 - Some network pharmacies may have been added or removed from our plan after this Directory was published.

For up-to-date information about IMCare Classic network pharmacies in your area, please visit our website at www.imcare.org or call Member Services at the number at the bottom of this page.

To get a complete description of your prescription coverage, including how to fill your prescriptions, please read the *Member Handbook* and IMCare Classic's *List of Covered Drugs* (Drug List). Call IMCare Member Services for a copy of the list of Covered Drugs or visit www.imcare.org.

D1. Types of pharmacies in IMCare Classic's network

Along with retail pharmacies, your plan's network of pharmacies includes:

- Mail-order pharmacies send covered prescription drugs to members through the mail or shipping companies.
- Home infusion pharmacies prepare prescription drugs that are given through a vein, within a muscle, or in another non-oral way by a trained provider in your home.
- Long-term care (LTC) pharmacies serve residents of long-term care facilities, such as nursing homes.
- Indian Health Service / Tribal / Urban Indian Health Program (I/T/U) pharmacies

You are not required to continue going to the same pharmacy to fill your prescriptions.

You can go to any of the pharmacies in our network.

E. IMCare Classic's List of Network Pharmacies

This part of the Directory includes a list of IMCare's network pharmacies that **participate in and accept** IMCare Classic. Pharmacies are listed by county and city.

E1. Retail and Chain Pharmacies

MINNESOTA | ITASCA

BIGFORK

Bigfork Valley Pharmacy

258 Pine Tree Drive
Bigfork, MN 56628
218-743-4444

DEER RIVER

Ott Drug Store, Inc

117 Main Avenue E
Deer River, MN 56636
218-246-8642

GRAND RAPIDS

CVS-Target Pharmacy

2140 Pokegama Ave S
Grand Rapids, MN 55744
218-326-6412

Essentia Health -Grand Rapids

1542 Golf Course Rd, Ste. 205
Grand Rapids, MN 55744
218-322-6210

Grand Itasca Pharmacy

1601 Golf Course Rd
Grand Rapids, MN 55744
218-326-4000

Thrifty White Drug #728

1105 S Pokegama Ave
Grand Rapids, MN 55744
218-326-9431

Thrifty White Pharmacy #788

2410 S Pokegama Ave
Grand Rapids, MN 55744
218-326-7054

Walgreens Pharmacy

18 SE 10th Street
Grand Rapids, MN 55744
218-326-0069

Walmart Pharmacy

100 SE 29th Street
Grand Rapids, MN 55744
218-326-9401

MINNESOTA | ST. LOUIS COUNTY

HIBBING

Baron's Pharmacy

1120 E 34th Street
Hibbing, MN 55746
218-263-7455

Essentia Health - Hibbing

730 E 34th St, Ste A
Hibbing, MN 55746
218-262-5225

Fairview Mesaba Pharmacy

3605 Mayfair Avenue
Hibbing, MN 55746
218-263-4922

Thrifty White Drug

3517 E Beltline
Hibbing, MN 55746
218-262-6140

Walgreens Pharmacy

1130 E 37th Street
Hibbing, MN 55746
218-262-1358

Walmart Pharmacy

12080 Highway 169 W
Hibbing, MN 55746
218-262-3419

E2. Home infusion pharmacies

If you require these services you can call Member Services at the phone number listed on the front of this booklet.

E3. Long-term care pharmacies

Residents of a long-term care facility, such as a nursing home, may access their prescription drugs covered under IMCare Classic through the facility's pharmacy or another network pharmacy. To learn more about drug coverage in special cases, see Chapter 5 of the *Member Handbook*

MINNESOTA

ITASCA COUNTY

BIG FORK VALLEY PHARMACY

258 Pine Tree Dr
Big Fork, MN 56628
218-743-4444

THRIFTY WHITE DRUG

1001 S Pokegama Ave
Grand Rapids, MN 55744
218-326-9431

***E4. Indian Health Service / Tribal / Urban Indian Health Program
(I/T/U) pharmacies***

Only Native Americans and Alaska Natives have access to Indian Health Service / Tribal / Urban Indian Health Program (I/T/U) Pharmacies through IMCare Classic's pharmacy network. Those other than Native Americans and Alaskan Natives may be able to go to these pharmacies under limited circumstances (e.g., emergencies).

MINNESOTA |

HENNEPIN COUNTY

MASHKIKI WAAKAAIGAN

1433 E Franklin Ave Ste 13B

Minneapolis, MN 55404

612-871-1989

MILLE LACS COUNTY

NE-IA-SHING CLINIC PHARMACY

43500 Migizi Dr

Onamia, MN 56359

320-532-4770

ST. LOUIS COUNTY

FOND DU LAC CARE PHARMACY

221 W 4TH St

Duluth, MN 55806

218-279-4142

BOIS FORTE MEDICAL CLINIC

5219 Saint John Dr

Orr, MN 55771

218-757-3650