

HOW TO SPOT A STROKE

FAST

FACE DROOPING

Does one side of the face droop or is it numb? Ask the person to smile.

ARM WEAKNESS

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

SPEECH DIFFICULTY

Is speech slurred, is her or she unable to speak or hard to understand? Ask the person to repeat a simple sentence. Is the sentence repeated correctly?

TIME TO CALL 9-1-1

If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get him or her to the hospital immediately.


American Heart Association
Together to End Stroke™

F.A.S.T.

is an easy way to remember the sudden signs of a stroke and what you need to do when it happens. When you spot the signs, call 9-1-1 right away.

This is important because the sooner a stroke victim gets to the hospital, the sooner they can begin treatment. And that can make a remarkable difference in recovery.

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American Heart Association
American Stroke Association
"Together to End Stroke"

Ad Council

For more information visit strokeassociation.org