

What your child may feel when having asthma symptoms

When your child's airways react to triggers, they usually become narrow. This makes it hard for your child to breathe. Here are some asthma symptoms your child may have:

Coughing

- Your child may cough worse at night or in the early morning.

Nighttime Awakenings

- Your child may wake up at night with asthma symptoms such as coughing or difficulty breathing.

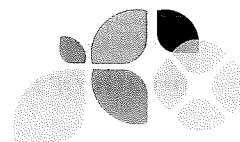
Wheezing

- You may hear a whistling or wheezing sound when your child breathes.



TIP

Asthma symptoms can happen at any time. See the health care provider as soon as possible if your child has symptoms more than 2 days a week.



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ASTHMA

Continued from other side

Chest Tightness

- Your child may feel chest tightness or feel that his or her chest is being squeezed.

Trouble Breathing

- Your child may not be able to catch a breath or take a deep breath.

Asthma attacks are serious and can be life-threatening. When asthma symptoms start, make sure your child takes his or her rescue medicine. Take your child to the hospital right away if his or her symptoms don't get better or if symptoms get worse.

